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Calvin in
to look after
the cats!*

**REAL LIFE
BONUS MAG**

Reveal

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Cinderella

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Friends
WHO CARE



**KIDS
CALLED ME
'MANBEAST'**
*now I'm
a top model*

UNFINISHED BUSINESS

Hours after his wedding to Emily,
KATIE was the woman on Pete's mind...

Life after heartbreak



*A romantic
proposal
for new
mum Helen*



**KYLIE UNVEILS HER
CONTROVERSIAL
LOVER**

Kym

Kerry

Kourtney

How these single mums are coping
WITHOUT A MAN



25-31 JULY 2015
reveal.co.uk 1

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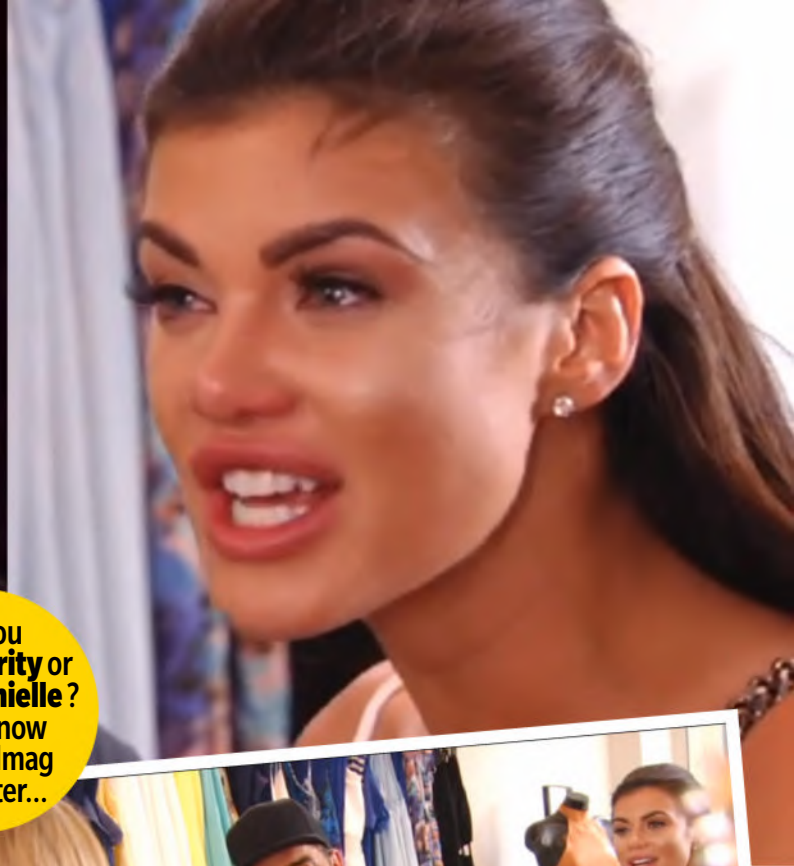


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#teamverity or
#teamdanielle?
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on Twitter...

TOWIE CATFIGHTS

We're used to a *TOWIE* feud. But most tend to resolve themselves... *eventually*.

But with the season finale just around the corner, we can't see much progress being made between a few scraps in particular.

First up is Bobby Norris and Gemma Collins. It's going to take more than GC's crocodile tears to make amends for the 'ag' the former besties are currently going through after an almighty fallout.

The same can be said for arch-rivals Danielle Armstrong and new girl Verity. The girls came to blows last week after Brentwood's new femme fatale got close to Danni's ex, Lockie.

And after Danni told her to stick her apology, Verity blurted out that Lockie had tried to bed her. Which did *NOT* go down too well. And we're waiting on tenterhooks to see how *that* one pans out...



Poor Pete - caught in the middle of Danni and new girl Verity



The former besties, Gemma and Bobby, can't put their differences aside

INSIDE YOUR REVEAL THIS WEEK...



62 Summer's favourite colour: white



7 Cheryl's 'eating lots' to gain weight



24 The emotional fallout of 1D Louis' baby news



56 Billionaire brides' club



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reveal.co.uk

Unfinished

Four weddings and a divorce on since splitting six years ago, Katie Price and Peter Andre still can't move on...

KATIE BLAMES PETE FOR TV COMEBACK CRISIS

With so much drama in her life, no wonder Katie Price is about to launch a new fly-on-the-wall reality show.

But this time, instead of having Peter Andre by her side, she's worried he'll ruin things by not allowing their kids, Princess, eight, and Junior, 10, much airtime.

Katie, 37, confirmed in April that she was due to start filming the show in mid-May but, understandably, Pete's worried about how much the children will feature in it.

Despite them featuring in the ITV2 *Katie & Peter* reality show franchise for four years, Pete's apparently asking that the kids won't be seen more than once per episode.

An insider tells us, 'Katie doesn't want to give in to any demands or orders from Pete. She hit back, saying he was happy for them to film everything when they were younger. She's saying he's trying to ruin her big TV comeback.'

After they separated, Pete, 42, went on to have his own fly-on-the-wall documentary series, which also featured Princess and Junior.

But when he met his new love, Emily MacDonagh, and she discovered she was pregnant with daughter Amelia, now 18 months old, he pulled the plug on the show because Emily didn't want the family to be on TV.

He admitted, 'I'm with someone who's a lot more private and even though I'm public (and I could never ask for privacy) you have to also respect the other person.'

Pete recently revealed he was set to work on his own prime-time show, scheduled to air this year.

He said, 'It will be my own show. We don't know yet if it's going to be a chat show, but it'll be entertaining and fun.'

With Pete's new-found popularity since marrying beautiful, brainy Emily, 25, a qualified doctor, Katie knows the competition from her ex is hotter than ever.

'Katie's called emergency meetings about spicing up her show,' says our source.

'She's determined to make it her most controversial and talked-about ever, but her big plans are making her clash with her husband Kieran.

'She wanted to film their private therapy talks, so she could publicly slag off her old best friend, Jane Pountney (who had an affair with Kieran).

'But the show's producers wouldn't let her.'

On top of that, we're told Katie wants to prove that she and Kieran, 27, are the dream couple, by vamping up their love scenes – but he isn't playing ball.

'Kieran's really against making their love scenes OTT. He doesn't think they need it, as they're madly in love anyway. He thinks Katie's using him as a prop to upstage Pete and Emily in front of the nation.'



Katie's fuming that the men in her life are thwarting her plans for her new reality show...



... but she was all smiles at a London club last week with her toyboy husband Kieran

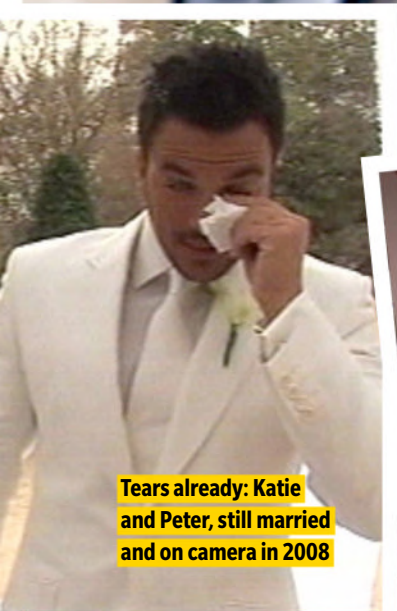
Instagram/ @officialkatieprice



d BUSINESS



The stress showed on Pete's face last week, as he was caught between his ex-wife and new bride



Tears already: Katie and Peter, still married and on camera in 2008



Pete carries new wife Emily over the threshold

Instagram/@pj_andre

PETE CANCELS HIS HONEYMOON AS HIS OLD LIFE WITH KATIE BITES BACK

Peter Andre was due to be on honeymoon with new wife Emily MacDonagh last week – but was forced to cancel it after being called to give evidence in a bitter court battle instead.

Poor Pete had to relive intimate details about his marriage to Katie, when he was called as a witness in a complex £5.5 million dispute between producer Neville Hendricks and ITV2 last week, just four days after he tied the knot with Emily, 25, at Mamhead House in Exeter, Devon.

As part of the case at the High Court in London – in which Hendricks is accusing ITV2 of cancelling his shows, including one involving Pete – it's suggested Pete planned to expose Katie as a 'love cheat', in order to boost his profile and cause 'distress' to her, which he denies.

The court also heard how Pete was 'left distraught' at false claims that he had paid for sex. He was also called to talk about the time he confronted Katie about a nasty burn on Princess' back, in 2011.

It's not the ideal way to begin a new marriage, having to talk intimately about your ex-wife instead of gushing about your new one.

But Pete's still riding the wave of his and Emily's wedding day, and is hoping it'll boost his career, too.

'Pete's really chuffed that, finally, people are talking about him and his family again,' a second source tells us. 'The reaction from social media has blown them away, it's even got a couple of brands interested in doing things with Pete again.'

'He's suddenly cool, and has £500,000 in his pocket from a magazine deal for his wedding.'

But that doesn't stop him fearing that his ex-wife will overshadow his career and his new happiness.

Earlier this month, Katie came under fire for a tweet she sent, aimed at footballer Joe Hart on his wedding day to Kimberly Crew, hinting that he'd cheated on his new wife with her.

She tweeted, 'Harts go out to the married couple, is he going to tell her the truth about us?'

Pete was rumoured to be worried that Katie would tweet something about him on his big day to Emily but, so far, the glamour model has kept schtum on Pete's new marriage.

However, a source tells us he's nervous about what she'll say about him on her new reality show.

On top of that, a date for a trial at the High Court has been set for January, in which Katie is suing Pete and his manager (and Katie's former manager) Claire Powell for misusing information about her, namely leaking stories to the press – which Pete and Claire deny.

Rebecca Greenow

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CHERYL'S 'eating lots'

After fears over her size, Cheryl Fernandez-Versini's camp say she's trying hard to gain weight

She shocked onlookers with her appearance during *The X Factor*'s Manchester auditions, but after being branded a 'walking skeleton' by fans, friends say that Cheryl Fernandez-Versini is keen to gain back the weight she lost following the loss of her father-in-law.

While the 32-year-old still looked slim in a chic scalloped Valentino leather dress last week, a close friend of the star says she finally feels inspired to put back on the pounds.

'*The X Factor* is putting a spring back into Cheryl's step,' said her pal. 'She's been eating lots and is getting her strength up. She's mortified that people might think she's deliberately trying to look skinny. She has had a stressful time but she's feeling really happy to be working again.'

Meanwhile, the other *X Factor* ladies also brought their fashion A-game as they posed up a storm at the London auditions.

Fellow female judge Rita Ora, 24, wore an, er, 'unique' Versace gown covered with sequins, as she continues her penchant for daring fashion options (we can't wait to see her on the live shows!).

Meanwhile, *Xtra Factor* host Rochelle Humes, 26, was inspired by hit Netflix show *Orange Is The New Black*, set in a US women's prison, as she wore a bright mandarin-coloured shirt dress.

Katherine Parkes



Instagram/nicholasgrimshaw
Nick Grimshaw and his fellow X Factor judges pose for a selfie



...Rita rocked a Versace creation...



...and Rochelle went for 'prison' orange



Style factor: Chic Cheryl in a leather Valentino dress at the London auditions

Life after head

'I FEEL SO FREE!'

Friends say single mum-of-five Kerry Katona is relieved husband George Kay is out of her life and peace reigns

With three failed marriages behind her, you'd think Kerry Katona would be in a bad place right now.

Especially with the news that it's all off with her husband of just nine months, childhood sweetheart George Kay.

But it appears to be quite the opposite for down-on-her-luck Kerry, 34. The singer has bounced back despite a long line of poor decisions and bad luck – and this time is no different.

For single mum Kerry, who, along with her four kids from her previous two marriages, shares 15-month-old daughter Dylan-Jorge with her estranged husband, it would be all too easy to play the victim.

But feisty Kerry has come out fighting, determined to get on with her life.

The former Atomic Kitten singer's had a well-documented history of troubles. She started life in care and lived in various foster homes, has suffered with bipolar disorder, was declared bankrupt twice after failing to pay a tax bill, held hostage in her home at knifepoint and was admitted to rehab for drug addiction.

She's also recently contended with her estranged mum Sue's ill health, plus the fallout after George, 34, was detained under the Mental Health Act – when he suffered a breakdown last July.

But Kerry took to Twitter to share her positive forward steps with her 445,000 followers, writing, 'I'm off to recharge for another day of whatever life decides to throw at me next. Never place your happiness in someone else's hands. True happiness comes from within yourself, and people just enhance that.'

She even brushed off cruel comments from reality TV star and fellow single mum Chantelle Houghton who, last week said, 'I'm so over Kerry. It's just one thing after another with her! How much drama can one woman have in her life?'

Kerry hit back with a restrained open letter, reminding Chantelle to respect the sisterhood and not judge others.

'Despite everything, Kerry is really positive and feeling happy about the future,' says our source. 'She feels like a huge weight has been lifted.'

'Even though she's sad that a third marriage has ended, she's glad to be on her own, being able to spend time with the kids and relaxing around them.'

'She and George had been rowing a lot in the past few months of their relationship. As long ago as Christmas, there was tension in the air.'

'Now, she feels free and is really happy – coping much better than anyone thought she would.'

One thing friends do credit troubled Kerry with is her steely determination.

'Once Kerry makes a decision, she sticks to it,' our source says. 'Plus, she's got her friends around her, who will support her all they can.'

'There will be no going back this time, that's for sure. She's stronger than that.'

'Her friends are relieved. Kerry wasn't her old self towards the end of the relationship with George. She was quiet and withdrawn and seemed different around him – she'd lost her spirit.'

We think it's good to have the old Kerry back.

Emma Hunt



Kerry has split from third husband George after just nine months of marriage



Reveal says

'Attagirl! Great to see Kerry coping so well after all her troubles'



Kym's getting over her split with ex Dan by thinking positive

'FRIENDS HAVE BEEN BRILLIANT'

Dan who? Newly single Kym Marsh is healing her heart by selling her home and hitting the gym...

Forget tea and sympathy – Kym Marsh is getting over her split from her fiancé Dan Hooper by selling her house, upping her exercise regime (with another hunky ex as her personal trainer, no less) and helping launch her daughter's singing career.

While the *Coronation Street* star is devastated by the end of her 18-month relationship with Dan, she's been throwing herself into her career and caring for her kids. She has three – David, 20, and Emilie, 17, by her ex, Dave Cunliffe, and four-year-old Polly by ex-husband, former *Hollyoaks* actor Jamie Lomas.

A source says, 'Kym was heartbroken when she and Dan finished, but she also realises that if it wasn't to be, then being honest and splitting quickly was the best thing all round.'

'Her kids are the reason she gets up in the morning and works her butt off at *Corrie*. Kym's trying really hard to get her daughter Emilie's singing career off the ground, while little Polly is a ray of sunshine every single day.'

'She knows she has so much to be thankful for, rather than dwelling over losing a bloke. She's the happiest she's

been since the break-up.'

Soon after the split in June, Kym told how her friends and family had been helping her cope.

She said, 'Friends are really important when you go through difficult times, and I'm lucky – I've got a really good group. They've all been keeping an eye on me.'

'Polly's my main priority, and I have to make sure she hasn't felt any of it. She has me all to herself now, and I love nothing more than getting some quality time with her.'

Kym was gutted when daughter Emilie didn't get through on *The Voice* in January. But she's continuing to help her pursue her dreams. Last week, the pair performed together at the Butterwick Ball charity event in Stockton-on-Tees, County Durham.

Posting a picture of Emilie, Kym, 39, said, 'My beauty – so proud of you last night, unreal performance.'

MOVING ON, MOVING OUT

Kym's selling her house in Worsley, near Manchester, which she shared with Jamie and then Dan.

'The house holds both good and bad memories from both relationships, so she feels it will be a positive step forward,' says our source.

'Career-wise, things are great. She's hugely popular with the *Corrie* fans and has loads of mates at *The Street*.'

Most notably, Kym's best pal, Antony Cotton, who plays Sean Tully in the soap, has been cooking her dinners and offering a shoulder to cry on.

Kym's also making sure she's body-confident and looking gorgeous.

Eyebrows were raised when she started training in the gym with her ex-boyfriend, Matt Baker, who she dated briefly between Jamie and Dan.

But we're told their gym sessions are strictly professional, with no romance in the offing.

Last week, Kym tweeted, 'Life isn't about waiting for the storm to pass, it's about getting out there.'

Rebecca Greenow



She's a proud mum to gorgeous daughter Emilie

And Kourtney's doing just fine, too ➔

Life after heartbreak



A WEIGHT OFF Kourt's SHOULDERS

Kourtney Kardashian is better off without boozing, 'cheating' Scott Disick – and she knows it...

We felt for Kourtney Kardashian when we saw pictures of her baby daddy, Scott Disick, canoodling with his ex, stylist Chloe Bartoli.

And we waited for the usual 'sad pictures' and inspirational quotes on Twitter. But they never came...

In fact, three weeks on, Kourtney seems more relieved than anything by the end of her toxic nine-year relationship with 32-year-old Scott.

Last week, she posted a smiley picture of herself watering sister Khloé's flowers.

A few days before that, she was baking cupcakes with their kids – Mason, five, Penelope, three, and six-month-old Reign – as well as enjoying a safari trip with Khloé and their mum, Kris, and celebrating Penelope's third birthday at Disneyland.

When asked last week how

Kourtney, 36, was coping, momager Kris said, 'She's good, she's hanging in there.'

The family have rallied round in the past few weeks to help her look after the kids (Scott is said to have been away from home for over a month).

And, after such a turbulent few years, which included cheating allegations and heavy boozing on Scott's part, it may feel like a burden's been lifted.

Their lifestyles have grown increasingly different, with Scott even accusing Kourtney of tricking him into having 'all these kids', adding, 'I can't handle the responsibility.' She's also refused several of Scott's marriage proposals.



A source close to the family said, 'The more she resisted making the split official – as she's always been scarred by her parents' divorce – the more Scott turned to the one thing that comforted him; alcohol.'

In one episode of *Keeping Up With The Kardashians*, a row about Scott smoking weed

ended with him smashing his fist through a mirror. Another time, he overdosed, and Kourt told him, 'If you want to die, you can continue to act this way.'

During a tour of personal nightclub appearances in the UK in March, an insider told us the pair were on the verge of splitting. Scott drunkenly told his crew, 'Kourtney hates me.'

But that isn't to say we'll no longer see Scott on TV. As he's still contracted to *KUWTK*, he'll have to comply with producers' demands to film with the Kardashian family.

Reports also say he's in talks to appear in a new reality TV show, a 'real-life *Entourage*', in which cameras will follow a group of several high-profile men 'partying and hanging out'.

A US source says, 'The show is at the very early stages, but Scott is interested.'

Recipe for disaster? Maybe.

Rebecca Greenow

Think you know how much these cost at Sainsbury's?



Sainsbury's
live well for less



Matilda has turned
Scott's life around

HELEN'S BEDSIDE

proposal

It's double joy for new mum Helen Flanagan – Scott Sinclair proposed to her minutes after their daughter was born

Helen Flanagan's got a busy few months ahead of her. Not only is she adapting to becoming a mum for the first time, but she's also gearing up to become Mrs Sinclair.

We're exclusively told that Helen's understandably 'thrilled' that Scott Sinclair, her footballer boyfriend, told her he wanted to marry her just minutes after their daughter Matilda was born three weeks ago.

'The whole thing unfolded in the delivery suite at Good Hope Hospital in Sutton Coldfield – it was a real moment of drama and emotion,' a source tells us.

'Scott got so choked up, he said "I'm so proud of you – marry me!" Helen was absolutely thrilled.

'It came as a shock to her that the birth of Matilda hit him so much that he proposed.

'But they're telling friends it's not official yet, because Scott wants to do things properly – have the ring ready and get down on bended knee during a special night out.'

Former *Corrie* star Helen, 24, and Aston Villa player Scott, 26, had spoken about marriage before she fell pregnant with Matilda, with Helen saying recently, 'We'll definitely get married at some point. Scott knows what type of ring I want – one with a huge rock on it!'

So, with Scott on a mission to find her the perfect ring, Helen's been quietly scrolling



Look of love: joyful
Helen after the arrival
of little Matilda

though dream wedding venues online.

We're told they both want to hold the ceremony and reception in the UK, so that all their friends and family can be there.

FORGIVING HIS 'SEXTING'

Our source says, 'It's just a matter of when Scott picks the moment to pop the question and put the ring on her finger.

'He wants a wedding next summer, so they can really enjoy this first precious year of Matilda, and then have an amazing, special day to look forward to. It's also the only time he'll have a substantial break from football, so they can have a proper honeymoon.'

It's a long way off how Helen was feeling in June 2013, when she split with Scott for six months after he was caught sending sex texts to TV presenter Donatella



Scott is 'a
changed man'
now he's a dad

Reveal says

'Aww... we love a wedding!
Congrats again
Helen & Scott'

Panayiotou.

But, since the birth of Matilda he seems to be a changed man, vowing to make up for his mistakes.

'This has completely moved them on from the whole "sexting" scandal, and Helen feels it's a sign Scott's totally committed,' explains our source. 'He knows he has a big responsibility now that they have a daughter.

'He told her he'll never put her through anything like that again, and having Matilda has made him more determined than ever to keep his life on the straight and narrow.'

Helen – who was criticised for taking back a 'cheating' footballer – reasoned at the time of the scandal, 'If you

love someone, you have to sort it out. The time apart probably did us good.

'We got together when we were really young – when I was 19 – so it's kind of hard.'

Now, Helen's telling friends she trusts Scott completely, and the past couple of weeks have helped her to forgive him for the sexting.

The source adds, 'Helen's just excited to start planning the wedding of her dreams.'

Rebecca Greenow

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Michelle disguised as the hen on her mate's weekend in Marbs

MICHELLE PLAYS HEN

After tying the knot just two months ago, Michelle Keegan recently jetted off to Marbella for yet another hen do to celebrate her friend, Liz Marsland's, upcoming wedding.

Known as much for her incredible physique as her acting, it wasn't long before the 28-year-old actress showed off her enviable figure on Instagram, sporting a sparkling bikini and a mask of her pal's face!

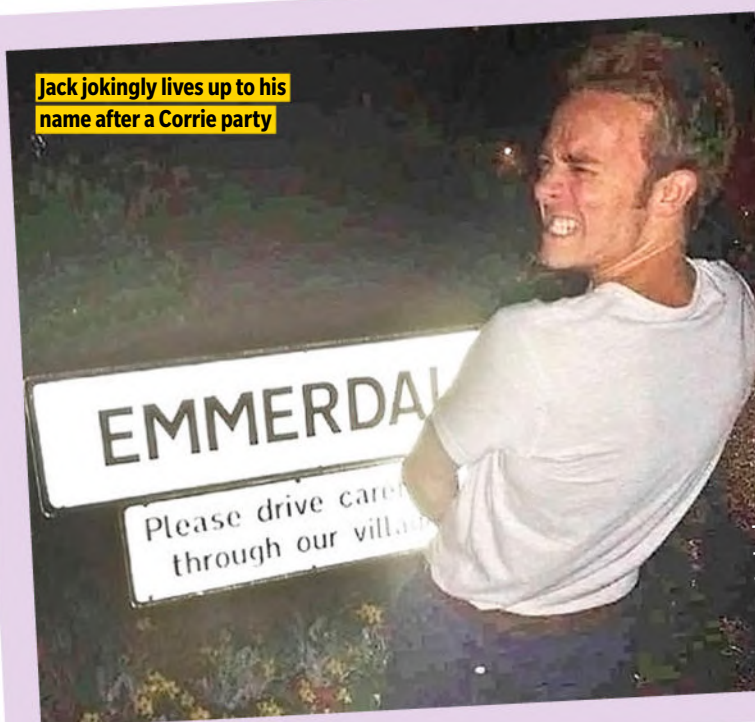
Alongside the image, Mark Wright's new bride wrote, 'Had the BEST weekend on @littlepintsize hen. Safe to say Marbella wiped the floor with me!'

Once back from her Spanish getaway, the ex-*Corrie* beauty flaunted her sunkissed skin once again as she stepped out looking typically beautiful in fitted gym gear on her way to Nando's in Manchester to meet friends.

Sigh, could we just steal your life, tan and figure please, Mich?



Back in Blighty, the actress was off to Nando's after a workout



Jack jokingly lives up to his name after a *Corrie* party

IT'S JACK PEE SHEPHERD

Coronation Street actor Jack P Shepherd was keen to send a message to rival soap *Emmerdale* last week, after he took a pic pretending to urinate on their street sign!

Following the ITV summer party on the *Emmerdale* set, the 27-year-old actor posted the naughty pic on Twitter, before deleting it shortly after, realising that it could land him in hot water with *Corrie* bosses.

A source said, 'Jack had a few drinks like the rest of the *Corrie* cast, but as the night went on he got a bit boisterous. He thought it would be funny to pose for this snap and posted it online, but took it down within seconds.'

TROUBLE IN PARADISE?



Marnie and Ricky
rowed at a fashion event

As they're newly engaged and love exchanging OTT soppy tweets, we expected it to be all roses for Marnie Simpson and Ricky Rayment.

But last week, we witnessed a major row between the pair, which ended with Marnie running off in tears.

The couple, both 24, were at the In The Style summer party at London's Drury Club, hosted by Marnie's *Geordie Shore* pal, Charlotte Crosby, when they began bickering.

Ricky then tried to leave the club during Charlotte's speech, upsetting Marnie, who rightly told her boyfriend it was rude only for him to quip, 'I don't give a f***.'

Charlotte was then seen comforting her crying friend, before Ricky and Marnie – who got engaged in June after six months of dating – left the club together, only for the arguing to escalate.

But during their row, the former *TOWIE* star lit a cigarette and turned his back to his fiancée, opting to chat with his lad pals instead – leaving Marnie to run off crying, followed by two girl mates.

We also noticed her engagement ring was missing. Oooh-err!



TOWIE's Lauren
sticks up for herself

'I DID STICK TO THE GIRL CODE!'

Poor Lauren Pope has had a lot of stick lately for 'breaking the girl code' by dating dishy Dan Edgar, who briefly dated her *TOWIE* co-star Jess Wright.

But fans of the show will know Lauren, 32, and Dan, 24, genuinely liked each other – but Lauren chose to dump him as to not upset 29-year-old Jess.

So when we put it to Lauren at a party in London last week that Jess – who isn't particularly close to her – should be grateful to her for binning her man, Lauren agreed.

'I didn't break the girl code!' she said.

Katherine Parkes, Rebecca Greenow

Reveal celebs



DANIELLE'S LATEST HEARTACHE

Unlucky-in-love Danielle Lloyd has been dealt with a new blow, after receiving the news that her ex-boyfriend, Tom Jimson, has been reportedly arrested as part of a £100,000 sting.

Property developer Tom, 23, was arrested in Dubai following allegations that he'd pocketed cash deposits paid by property firm bosses for luxury apartments.

While the model broke up with Tom before the reports surfaced, Danielle, 31, is sure to be heartbroken by the news.

Last month, Tom declared his love Danielle, as he wrote alongside a pic of the pair, 'Too much love for this woman, can't wait to see you @missdlloyd #toomany miles apart #notlong.'



CALVIN MOVES IN WITH TAYLOR... *and her cats!*

They've already talked marriage. Now Taylor Swift and Calvin Harris are reportedly moving in together – after he got a paws up from her furry friends

There's no secret in saying that US superstar Taylor Swift is a self-confessed cat lover.

Just last month, as she set off on the European leg of her world tour to promote new album *1989*, the singer tweeted, 'At the airport about to leave for Europe listening to *See You Again* and thinking about how much I'll miss my cats,' alongside a pic of her cuddling her two felines, Meredith Grey and Olivia Benson.

So when we heard that 25-year-old Taylor's beloved pets were partly responsible for getting boyfriend Calvin Harris to move in, we could already picture the family photos.

'Taylor is very nurturing with her cats, and it's a side of her that Calvin fell in love with,' says our source. 'If possible, Taylor cares for her cats herself or asks a relative. And now the closest family member she trusts is Calvin. 'So when Taylor asked him to look after her cats while she was away, that's when he suggested they move in together. She was shocked but ecstatic.'

Since getting together at the Brit Awards back in February, DJ Calvin, 31, and Taylor, have been inseparable, often being seen in and out of her New York apartment, where he's been spotted moving some of his things into.

And despite her previous history of rushing relationships, (such as the time

she moved next door to her ex, Conor Kennedy, after a month of dating in 2012), it appears Taylor has finally met her match with a man just as keen as her.

'At first, Taylor's friends thought she was pushing Calvin too hard like she usually does with her boyfriends, but this was all Calvin's idea,' says our source. 'He's madly in love with her. She wears her heart on her sleeve, and she's finally found a guy who appreciates that. She's always been true to herself; she was just picking the wrong guys. Now she's finally found The One.'

With Calvin making the commute from LA

£2.25 million mansion in Los Angeles.

This is where the couple, worth £162 million combined, are set to live until they eventually get wed and buy a place of their own – something that could happen sooner rather than later, our source says.

'Taylor isn't being cautious at all any more,' says our insider. 'She tried to be at the beginning, but it didn't last long at all. She's finally found the right one who's been able to give her steady companionship and love. Calvin's the real deal and he's in it for the long run.'

Another insider agrees, having revealed to us earlier this month that the pair have already discussed their wedding.

'Taylor would love a big wedding at home but she loves Scotland and could be persuaded to do it there, especially as her family can travel more than his can,' the insider revealed.

'They've also talked honeymoons and would love to take a camper van and disappear in Europe or North America.'

Until then, Calvin has made big plans for him and Taylor, with a swish Scottish cruise planned for later this summer. After admitting to a radio station last week that he is 'insanely happy' with Taylor, the DJ and Armani model is looking into hiring the Hebridean Princess, a cruise ship the Queen used for her 80th birthday.

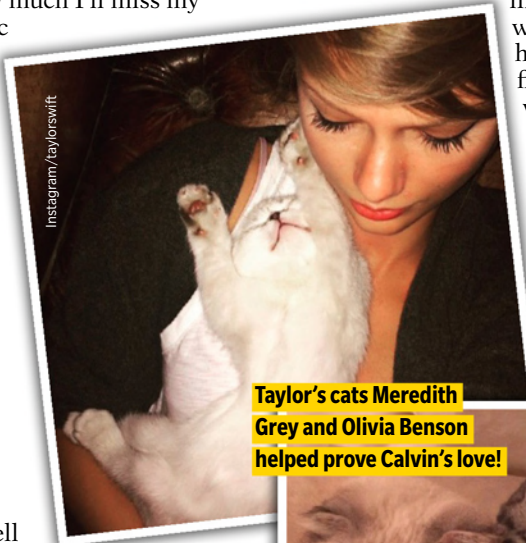
And, at £300,000-a-week to rent it, Calvin isn't holding back in letting stunning Taylor know how much she means to him.

'Their relationship is completely different to others they've had,' says our insider.

'Before, she was always living in fear that the guy was about to break up with her. As they drew away needing space, she would come on stronger, because she was looking for the guy to say everything was fine.

'But Calvin is so steady and in love with her, she doesn't feel scared.'

Katherine Parkes



Instagram/taylorswift

Taylor's cats Meredith Grey and Olivia Benson helped prove Calvin's love!



Instagram/taylorswift

to Vegas once a week as it is and with countless soppy social media updates, it's no surprise that the pair are now ready to take the next step in their relationship and move into her



Reveal says

'Let's hope Calvin remembers to empty the fitter tray, Taylor!'

CALVIN v RITA

Round two



Since their rocky split in June last year, Calvin Harris and Rita Ora's working relationship has been anything but smooth. After dumping her on Twitter following allegations she'd cheated, Calvin forced Rita, 24, to pull their joint track, *I Will Never Let You Down*, from her second album, causing it to be pushed back a year.

Now, Calvin has dealt his ex a new blow by reportedly binning the songs they made together.

A source says, 'Rita is credited as a songwriter on his new album. But he thinks he contributed more so doesn't want to share the credit. It's a shame as there are some potentially huge hits on there.'

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KYLIE'S PLAN TO GO PUBLIC *with Tyga*

Kylie Jenner turns 18 next month, but mum Kris still has the last word on her relationship...

Looking at Kylie Jenner, it's hard to believe she's just 17. And, rather than planning an extravagant bash for her 18th birthday next month, Kylie has shocked her family by revealing she'll use the day to unveil her controversial relationship with Tyga, 25, instead.

Though mum Kris Jenner has long accepted the news, the 'momager' is keen to draw up a non-disclosure agreement in time for Kylie's birthday.

With the age of consent in California set at 18, Kris wants the agreement handed to Tyga before Kylie's birthday.

'Kris doesn't want to be held accountable for allowing her daughter to have a relationship while she's underage,' our source says.

'She's afraid it'll come back to bite her, and wants to protect the family from any future legal accountability.'

Throughout their rumoured nine-month relationship, Kylie and Tyga have certainly faced their fair share of backlash.

In August last year, rapper Tyga was forced to deny Kylie was the reason for his split from fiancée and mother of his two-year-old son King Cairo, Blac Chyna.

He said on Twitter, 'Don't believe the rumours. Been friends with the family forever.'

But, by October, Kylie featured more regularly in his Instagram posts, including one of them dressed as Chucky and his bride in a Halloween snap.

It is then that Kylie's father, Bruce, now Caitlyn, reportedly warned Tyga, 'If anything happens to her, your a** is mine.'

And, in February, Amber Rose, 27-year-old Blac's bestie, caused problems for the Kardashian/Jenner clan, when she told a radio show, 'Tyga should be ashamed. He has a beautiful woman and a baby and left that for a girl who just turned 17.'

Sister Khloé defended Kylie on Twitter, writing, 'Three sides to EVERY



The pair with Tyga's son, King Cairo

story. His, hers and the truth. I'm not passing judgement but I wish others would do the same until they have the FACTS.'

A month later, US reports that Kylie was pregnant and marrying her man circulated after she was spotted wearing an engagement-style ring.

And, last month, Tyga landed the pair in hot water again, after releasing *Pleazer* – which features the lyrics 'Kardashian p***y', believed to refer to Kylie.

While Kris has accepted Tyga into the family, she is being cautious.

'Kris is happy Kylie and Tyga can go public on 10 August, but it is under her rules or not at all,' says our insider.

This isn't the first time business-minded Kris has taken extra care over her family's privacy – just last year, she hired a gunman to guard her home after a creepy package reading, 'Marry me, Kylie,' got through their security.

But Kylie feels Kris is going too far this time.

'Kylie was horrified and at first refused to let Kris draw up the agreement,' says our source.

However, Tyga has agreed to comply with Kris's demands to prove his loyalty to the family, which is just as well, as his own reality show, *Kingin With Tyga*, airs later this month.

Katherine Parkes



Tyga is rumoured to have left Blac Chyna for Kylie



Kylie's coming of age in August – then she'll declare her love for her fella

The lookalike who made us do a double-take

IS THAT YOU, KATE

When the Duke of Cambridge returned to work as a helicopter pilot following his paternity leave last week, we were shocked to see that his wife had come along for the ride.

However, a closer glance revealed that William, 33, was in fact joined by Cheshire-born flying doctor Gemma Mullen, who just happened to be the spitting image of the Duchess!



On-duty chic: stylish Gemma proves orange is the new black



Kate was equally eye-catching at Wimbledon



Zuma badgered his mum for this copycat style



GWEN'S MINI-ME

It's not often that boys want to match their mum's hairstyle, but it seems that having a parent as cool as Gwen Stefani is a bit of a game-changer.

On a family outing last week, Gwen, 45, was joined by her musician husband, Gavin Rossdale, and their three sons – Kingston, nine, Zuma, seven, and Apollo, one – with Zuma sporting an identical black dip-dye do

to his mother's. Clearly proud of their fearless attitudes to style, the No Doubt singer said earlier this year: 'My sons did their nails just the other day, and I said to Kingston, "Are you sure you wanna do pink, because you're gonna go to school tomorrow? Are you sure you're not gonna be embarrassed?" He said, "No, I don't care – pink is a cool colour."'

PINK SUITS YOU!



Here's a pair of gorgeous globetrotters if ever we saw one!

ZAYN VS NAUGHTY BOY

Zayn Malik has turned on his former pal Naughty Boy on Twitter, after a music video he recorded with rap duo Krept & Konan was leaked online.

Seemingly accusing the producer of releasing the footage without his permission, Zayn, 22, hit out at Naughty Boy, 30, tweeting, '@NaughtyBoyMusic you fat joke stop pretending we're friends no one knows you.'

The ex-One Direction star then hit out at Naughty Boy in a second tweet, saying, '...you aint s*** but a faker'.

While Naughty Boy, real name Shahid Khan, has yet to respond, he has posted a number of cryptic tweets such as 'don't feed the hand that bites you' as well as retweeting 'watch your back because snakes ain't only on Nokia' in what seemed to be a dig at Zayn.

The video leak comes shortly after Casyo 'Krept' Johnson admitted, 'We were messing around one day and made the cover [with Zayn]. I have a feeling the video will just get leaked somehow.'

The incident comes two months after Zayn's first Twitter takedown, when he



Naughty Boy got a tongue-lashing from collaborator Zayn

argued with his ex-bandmate, Louis Tomlinson, on the site. Naughty Boy posted a picture of himself and Zayn along with the caption, 'Replace this' – which Zayn retweeted.

Louis, 23, soon responded, saying: 'Remember when you were 12 and you used to think those Mac filters for your pictures were cool haha! Some people still do HA!' to which Zayn replied: 'Remember when you had a life..?'

It's back to the grindstone for the hard-working Duke

CHLOE'S 'MY LITTLE PONY' HAIR

She might have just turned four, but it looks like Harper Beckham still has her dad David wrapped around her little finger, after he was spotted carrying her pink backpack through LAX airport last week.

Retired footballer David, 40, protectively clutched the hand of his daughter, as they made their way through the busy LA terminal alongside her older brothers Brooklyn, 16, Romeo, 12, and Cruz, 10.

Has there ever been a cuter daddy-daughter duo? And pink totally suits you, Dave.

After dyeing her naturally dark locks a shocking bleach blonde earlier this year, Chloe Sims recently debuted a whole new look – rainbow-coloured braids, reminiscent of a My Little Pony's mane!

TOWIE star Chloe, 32, sported the unique festival-inspired 'do as she shot scenes for a Gay Pride party episode of *The Only Way Is Essex*.

From TOWIE to Braid in Chelsea?





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L'ORÉAL
PARIS

LOUIS' TRAIL OF *broken heart*

News that One Direction's Louis Tomlinson, 23, is expecting a baby has left a long line of distraught fans as:

- Pregnant Briana Jungwirth is targeted by Twitter trolls
- Ex-girlfriend Eleanor Calder is 'blindsided' by the news
- Louis' mum Johannah drops everything to attend first scan



Devoted One Direction fans, affectionately dubbed 'Directioners', descended into a social media frenzy when it was revealed that 1D hunk Louis Tomlinson was expecting a baby with Los Angeles stylist Briana Jungwirth.

Within a few hours, the hashtag #OhnoLouis was trending, with one devoted fan even photoshopping 'Louis' Girls' onto the picture of a gravestone.

Louis, 23, has undoubtedly left a trail of broken hearts behind him, but the golden boy is said to be 'happy and very excited about becoming a dad' and has told friends he's going to be a 'hands-on father.'

BABY BOMBSHELL

Meanwhile, not only is his long-term ex-girlfriend, Eleanor Calder, said to be understandably devastated (he only split with her in March and Briana is thought to have fallen pregnant just a few weeks later) but Briana, also 23, has been forced to hide away in a hotel after becoming the victim of vicious online trolls.

Briana, a hair and make-up stylist based in Calabasas, Los Angeles, met Louis in April, and the pair enjoyed a string of nights out together.

Since his split from Eleanor, Louis has

been spotted with more than four women, including model Tamara Bell, who he was holding hands with at last month's Glastonbury Festival.

He reportedly promised his girlfriend of four years Eleanor, whom he split with over tour commitments, that he would be considerate of her feelings after they went their separate ways.

But just two weeks later, Eleanor was reportedly left 'heartbroken' after Louis kissed a girl in a Thailand.

Louis – who will be the first of the band to become a father – then urged Eleanor to meet him to drop his baby bombshell.

A source says, 'Eleanor was blindsided by the news and is trying to get her head around how everything's changed so fast.'

'She was trying to avoid him but when he insisted they meet, she knew it was important.'

PREGNANT AND FORCED INTO HIDING

Briana's life has also been turned upside down in a matter of days since the shock news.

Insiders reported how her brief fling with Louis had been very much 'out of the public eye' and that Briana, who is still close friends with Louis, is 'a very private person.'

'She's a really cool, down-to-earth girl

and isn't interested in Louis' fame. That's one of the things that he likes about her,' they said.

But now Briana is said to be staying in a hotel – paid for by Doncaster-born Louis – after being viciously trolled and forced to move out of her home.

One bully (referencing ex-1D bandmate Zayn Malik's earlier feud with Naughty Boy) wrote, 'Briana: I'm pregnant, Louis'. Louis: 'You're a fat joke. Stop pretending we're friends. Nobody knows you,' while another added, 'F*** you, Briana.'

Louis and Briana do, however, have the unwavering support of their parents.

Louis' mum Johannah Deakin, a midwife with seven children of her own, is said to have flown to LA to attend her future grandchild's first scan – despite being close to Eleanor who acted as maid of honour at her wedding last year.

Briana's mum Tammi Clark is also said to be bragging to her friends about the forthcoming 'One Direction baby'.

While her dad, Joe, 56, said, 'Briana's really shy, she's strong and she's having a tough time with it, it's stressing her out right now, she's texting me all the time.'

A representative for Louis declined to comment on the reports.

Lauren Hills



ts



Tom: 'Juggling a kid and a pop career is overwhelming'

Our fave celeb dad, McBusted's Tom Fletcher, 30 (who has a 16-month son, Buzz, with his wife Giovanna), gave us a glimpse of the reality of being in a group and getting to grips with fatherhood simultaneously – and carefree Louis may want to heed his words of wisdom.

'It's just insane. The tiredness is like nothing else,' he said recently.

'You have a sudden realisation that you're responsible for another human being and you don't really know what you're doing. The sheer fatigue and the mix of emotions is overwhelming at times.'

But Tom adds that there is 'light at the end of the tunnel' after many a sleepless night.

'I was mentally preparing myself for my ambition to change when I became a dad, but it actually made me more ambitious because I realised I'm doing all of this for Buzz,' he gushes.

'It [the birth] was such an unbelievable moment. You try to process what's happened and that your life has instantly changed.'

Unlike party-boy Louis, Tom says his clean lifestyle helped him adapt. Listen up, Louis!

'Neither of us particularly like going out partying or have crazy social lives. So it wasn't going to drastically alter our lifestyle.'

Reveal says

'If Louis is going to be a hands-on dad, he'll have to ditch his wild ways!'





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70s FOREVER

Yes, it's still summer in the real world, but fashion waits for no woman, and the pre-autumn collections are already landing in stores. Come on, it's pretty tempting after all those sale rails. Top of the shops is Forever 21 with its perfectly preppy 70s-inspired pieces. Priced from £8.25, the collection lands in stores and forever21.com this week.



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£13.50



Valenti-NO!

Looking like she just lost a paintballing tournament, Kris Jenner single-handedly kills the camouflage trend. The worst part? The jacket alone cost £1,100. There, hasn't that made you feel better?

Photos: Rex Features

SCENT-SATIONAL

I'm a fragrance floozy but with The Body Shop's fab new line, I can get my fix without breaking the bank. Part of its new Voyage collection, these five globally-inspired eau de toilettes are created by some of the world's top perfumers. They come in at £18 each. Divine, darlings.



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CHLOE-JASMINE & STEVI ENGAGED!

They met as contestants on *The X Factor* just 10 months ago, and now Chloe-Jasmine Whichello and Stevi Ritchie are now engaged.

After a whirlwind romance, Stevi, 34, announced the exciting news on Twitter, saying, 'I am over the moon, thank you peeps.'

Chloe-Jasmine, 24, immediately shared her happy news with former mentor, Cheryl Fernandez-Versini. 'I sent Cheryl a message to thank her for bringing this amazing person into my life,' she says. 'She texted back saying congratulations, and she was so happy for us both. I'd definitely invite her to the wedding if she wanted to come. And I think Stevi should have Simon Cowell as his best man.'

The pair – who had a fling in *The X Factor* house after they both made it through to the live shows – had a rocky start to their romance. Chloe-Jasmine cheated on her then-boyfriend, Craig Wiffen, with Stevi, before leaving him for the crooner.

'I never thought I'd fall for a posh bird,' says Stevi, who has an eight-year-old daughter from a previous relationship. While Chloe said, 'Opposites attract.'

COUPLES CONFIDENTIAL

SIENNA & TOM SAD SPLIT

Sienna Miller and Tom Sturridge are rumoured to have called off their engagement after four years together.

Sienna, 33, and Tom, 29, reportedly ended their relationship 'a few weeks ago', after a make or break holiday in Ibiza earlier this month failed to fix things.

The sad news comes just two months after Sienna was spotted at Cannes Film Festival without her engagement ring. It was also absent throughout their Ibiza trip.

The pair are said to have vowed to remain close friends for the sake of their three-year-old daughter Marlowe.

A source said, 'Tom and Sienna still love and respect each other as friends and parents. It's a very amicable break-up and they intend to remain great friends.'



MILEY & STELLA LUNCH DATE

Things are hotting up between Miley Cyrus and new girlfriend Stella Maxwell.

After being spotted kissing earlier this month, the pair have been on a string of dates. Last week, they even stole a kiss in front of other diners during a lunch-date at Nobu in LA.

Miley, 22, recently admitted she's bisexual, saying, 'I am literally open to every single thing that is consenting. I'm down with any adult – anyone over the age of 18 who is down to love me.'

And it seems the singer – who was previously engaged to actor Liam Hemsworth – has found love with Victoria Secret model Stella, 24. A source said, 'They really like each other.'

COUPLES CONFIDENTIAL

ZAYN & PERRIE BIRTHDAY ROMANCE

Perrie Edwards is a lucky girl – not only is her fiancé, Zayn Malik, a former member of the most successful British boyband of all time, he's also a total romantic.

To celebrate her 22nd birthday, the ex-One Direction singer planned a super fun weekend for his Little Mix girlfriend.

Zayn whisked Perrie away for a minibreak, which included quad biking and a swanky candlelit dinner.

The pair – who've just bought a £3 million home near London – posed for a loved-up selfie during the break, wearing matching nose rings. Perrie later shared the snap on Instagram, captioning it, 'Love ma man.'

Speaking before the romantic celebrations, Perrie said, 'Zayn has a big surprise for me for my birthday. He's sent me my outfit, he sent me my shoes and he's sending a car, so it's all pretty exciting.'

The cheeky singer also opened up about their bedroom antics, saying, 'I was asked what was better: sex or food. I'm just saying I'm a lucky girl – it's got to be sex hasn't it? Even peanut butter-stacked cake with ice cream is not as good as sex.'



INSTAGRAM/@perrielee



LUISA & ANDREW SECRET WEDDING

Luisa Zissman has married her millionaire fiancé, Andrew Collins, in Cannes, France.

The pair – who got engaged in Paris last October – enjoyed a three-day celebration in the French Riviera.

It's rumoured Luisa, 28, and Irishman Andrew, 45, wed in an intimate ceremony in Ireland before hosting the Cannes reception, which featured a gospel choir.

Luisa let the cat out of the bag when she posted a series of snaps on Twitter. In one, there appeared to be a new diamond ring on her wedding finger, in another, she was sipping champagne, and a third showed the back of a bride walking down the aisle.

The former *Apprentice* and *Celebrity Big Brother* contestant, who has a five-year-old daughter, Dixie, with ex-husband Oliver, won't confirm she's wed Andrew, and has deleted her Twitter account.

She later wrote on Instagram, 'My personal life is my business, whether I'm married or not is nothing to do with anyone but me, my friends and family.'

GAME OF THRONES' LENA BABY JOY

As Cersei Lannister in *Game of Thrones*, Lena Headey is a protective mother to three royal children.

And now, the British actress has just welcomed another child of her own.

Lena, 41, who revealed she was expecting again back in February, tweeted last week, saying, 'Hello peeps. All good. Just fallen in unconditional, heartbreaking, divine love for the second time.'

The pretty actress already has a five-year-old son, Wylie, to ex-husband Peter Loughran. The father of her new baby is not yet known.

Earlier this year, Lena revealed she was expecting a daughter, saying, 'My daughter will have freedom of choice. She will be free to dance, to sing, to be educated in the fields that spark her passion, to marry if she wants, to marry WHO she wants, to remain single, or to fall in love with another woman.'

'She'll be able to wear what she wants, put on lipstick, and read books that spark debate and expand her mind.'

Kelly Jenkins & Katherine Parkes



Photos: Rex, Startraks Photo, Wenn



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HOLLAND & BARRETT
the good life

Jess and Max aren't quite ready for a top hat and white dress!

Love Island Facebook

Reveal celebs

'WE'RE NOT PLANNING A WEDDING... yet!'

In the dramatic final week of ITV2's *Love Island*, Jon Clark proposed to Hannah Elizabeth. But they were trumped by new couple Jess Hayes and Max Morley...

CONGRATULATIONS MAX AND JESS! WHAT ARE YOU GOING TO DO WITH YOUR £50,000 PRIZE MONEY?

Jess: I don't really know yet, I'll probably spend a little bit on my family.

Max: I'll give £10,000 to my mum and dad and then pay my car off.

ARE YOU SAVING FOR A WEDDING?

M: [Laughs] We're definitely not spending it on a wedding, no! Well, not yet, anyway.

MARK WRIGHT GOT YOU TO ASK JESS TO BE YOUR GIRLFRIEND, DID YOU THANK HIM FOR THAT MAX?

M: If I see cupid Mark, I'll shake his hand and say thanks, for sure.

JESS, WILL YOU GO BACK TO GLAMOUR MODELLING NOW?

J: I'd like to carry on with it, definitely. I'd like to go back to doing Page 3.

MAX, DO YOU MIND JESS DOING PAGE 3?

M: It doesn't bother me – in fact, it's a dream to be going out with a Page 3 girl.

JESS, HOW DOES IT FEEL TO NOW KNOW THAT YOU'RE THE PUBLIC'S FAVOURITE?

J: It's amazing to know I turned it around after such a rocky start in the villa.

NAOMI [BALL, MAX'S LOVE ISLAND EX] TOLD US SHE WANTED TO SEE MAX WHEN HE LEFT THE VILLA. WILL THAT HAPPEN?

M: No, I don't think I'll see Naomi. I'm not wanting to, anyway.

ARE YOU GOING TO HAVE TO HAVE A LONG DISTANCE RELATIONSHIP NOW?

J: Well, we do live far away from each other – I'm from Gloucester and Max is from Durham – but that's never been a problem for me in the past. I travel a lot with my job so we'll just make things work.

WHERE WILL YOU TAKE JESS FOR YOUR FIRST DATE IN THE UK?

M: Probably the cinema and a cheeky Nando's – no expense spared. I'll even buy you flowers, Jess! I'm such a romantic.

WERE YOU CONFUSED BY THE TWIST AT THE END OF THE SHOW, WHERE YOU HAD TO CHOOSE BETWEEN LOVE AND MONEY?

M: We were taken aback, but we looked at each other over Caroline Flack's shoulder and both knew we were going for love.

AWW. DID YOU THINK JON AND HANNAH HAD IT IN THE BAG BECAUSE THEY GOT ENGAGED ON THE SHOW?

M: Yeah, they were the power couple from very early on, so we thought they'd win.

J: They're a strong couple and they haven't played a game whatsoever.

WHAT WILL YOU MISS ABOUT THE SHOW?

M: The bedtime antics, messing around with everyone and waking up together.

AND NOW YOU CAN DO THINGS WITHOUT THE PUBLIC WATCHING...

M: Yeah, we can – and we did last night!

Rebecca Greenow



The flirty pair are enjoying being off camera



Firm favourites Jon and Hannah are now engaged





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Yummy mum-of-two J-Lo plays Rihanna's mum in their movie Home

'I WANT J-LO TO BE MY MUM'

Despite selling over 54 million albums, Rihanna confesses she's still starstruck by Jennifer Lopez, and reveals why she's a shy girl at heart



The B*tch Better Have My Money singer says her raunchy image hides a gentler side

She's released an album a year since 2008, reached No.1 in the singles charts a whopping 13 times, and notched up eight Grammy Awards – and Rihanna is still only 27.

Now, the platinum-selling star is making her mark in the world of acting, too.

After cameos in *Battleship*, *This Is The End* (with James Franco and Emma Watson), and 2014's *Annie*, Rihanna recently took the lead role in DreamWorks Animation's film *Home*, alongside Jennifer Lopez, who plays her mum in the movie.

Megastar Rihanna was totally starstruck by Jennifer, who turns 46 this week.

'I LOVE Jennifer Lopez. She is great. Doesn't everybody want J-Lo to be their mum?' she laughs.

'Her voice has the same warmth and safeness that my own mum's has. It's almost like it can reach out and hug you.'

'I'VE OFTEN FELT LIKE AN OUTSIDER'

Despite her awe-inspiring track record and her 48.5 million Twitter followers

(15 million more than Kim Kardashian West, FYI), the Bajan star says her biggest challenge has been fitting in.

'I've often felt like I don't belong. At different points of my life, I have felt like an outsider,' she says.

Although she cracked the States at 17 with her first single, *Pon de Replay*, Rihanna says she doesn't feel settled there.

'It always takes so much to overcome that feeling of not belonging. It's like moving to a new neighbourhood, which I did when I was really small in Barbados –

you're the outsider and that's difficult.

'I found it hard, moving to America to do my music when I was 16. Barbados will always be home for me.'

'I'VE ALWAYS BEEN SASSY, BUT SHY, TOO'

Rihanna admits that, despite her racy on-stage persona (we once watched her straddle a fella from the audience at a concert), deep down, she's shy... obvs.

'I have always been sassy. I was like that at six years old... I was like that at four years old. But I was also quite shy, it's very strange,' she says.

'I was a bookworm. I read all of the *Noddy* books my mum's English friend bought me. I read everything.

'But I'm a very shy person, even today. When I'm comfortable with you, I can be vibrant and fun and say what I feel like saying. Because then I know you won't be offended by my jokes!'

Lauren Hills

DreamWorks Animation's film Home is out on DVD now



Rihanna voices heroine Tip in kids' animation movie Home

I WANT what she's got!

We show you where the celebs have been shopping this week



PERRIE EDWARDS

The Little Mix girls always try out the latest trends and Perrie has got 70s boho babe covered. Her suede waistcoat with layered jewellery and knee-high glads tick all the right boxes. You're our festival inspo, Perrie!

TOPSHOP
£150



JADE THIRLWALL

Little Mixer Jade goes for a sleek two-piece with a navy shirt and shorts combo. She adds a bit of a 70s vibe with these seriously statement snake boots. They're a brave choice, Jade, but you're totally rocking them!



Lydia Rose Bright
£38



LYDIA ROSE BRIGHT

Essex girl Lydia goes top-to-toe in pink in a pretty lace co-ord from her collection at lydiarosebright.com. Matching her bag, shoes and lippie to her outfit, Miss Bright manages to pull it off with a chic ponytail and a golden glow.



Lydia Rose Bright
£45





MYLEENE KLASS

Gorgeous Myleene wows yet again in a dress from her own Littlewoods.com collection. Tucking in the straps on this orange crochet number is an easy way to take it straight into evening territory. Good work, Miss Klass.

Littlewoods.com

£82



QUIZ
£29⁹⁹



ROSIE FORTESCUE

Fashionista Rosie shows off this gorgeous maxi dress on her blog atfashionforte.com. We're glad she has, as it's a steal at under £20! She completes the look with a pair of must-have lace-up heels, and gets a big thumbs up from us.

QUIZ
£19⁹⁹



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'MICHELLE GIVES M *love* *advic*

TOWIE's Jess Wright explains why she's not ready to give up her freedom for any man... even a super-hot model!



Premier League star
Connor Wickham

**JESS AND HER
FIT FELLAS**



Versace model
Christian Williams

With countless snaps of crazy nights out and cheeky snogs with hot hunks, *The Only Way Is Essex*'s Jess Wright is certainly showing us she loves the single life. But despite her recent lip locks with footballer Connor Wickham and model Christian Williams, Jess, 29, insists that she's not looking for a boyfriend. 'Connor and I are old friends,' she explains. 'Those pictures were just us having a laugh on holiday. I'm still 100 per cent single. Besides, I definitely can't picture myself being a WAG!'

Undeterred that ex Ricky Rayment is engaged to *Geordie Shore*'s Marnie Simpson, Jess says she isn't ready to give up her freedom for just any man.

'I've got to the point now where if I did meet someone I really like, I'd be hesitant to get into a relationship as I'm enjoying myself so much,' Jess says.

'I've been going out with Ferne [McCann], my wing woman, and Danielle [Armstrong] a lot since her split from James [Lock]. We have a lot of fun together.'

So what kind of man would party-loving Jess settle down with?

'After all the bad decisions I've made in the past, I now know exactly what I'm looking for in a man,' explains Jess.

'I want a real gent,



'We love a girlie night in!' Jess says about sister-in-law, actress Michelle Keegan

who makes me laugh, but still has a bit of swag. Channing Tatum is my ideal man, anyone like him would be great. His wife is one lucky woman!'

GIRLS GONE WILD

While we're used to Jess getting along with her cast mates, this series, she's faced her fair share of fallouts with the girls.

Recently, Jess accused Lauren Pope of being disloyal after she became cosy with Dan Edgar, whom she once dated.

Then, Lauren, 32, partied at 28-year-old James' house, leaving his ex Danielle, 27, feeling betrayed.

So when new girl Verity Chapman was spotted flirting with James in front of Danielle,

a storm was brewing. And sure enough, unhappy with their behaviour, Jess stepped in to defend her pal, accusing Verity, 24, of being 'heartless'.

But while Jess thinks both Lauren and Verity violated the 'girl code', Jess insists that if Ferne, 24, was to date newbie Pete Wicks whom she recently enjoyed a date with, she wouldn't be bothered.

'I'm not sure if Ferne would try a date or two with Pete but if she wanted to date him it wouldn't faze me,' Jess says.

'I know she thinks he's attractive but I'm not sure if she fancies him, so we'll have to just see what happens.'

As well as her *TOWIE* mates, Jess also seeks love advice from

E e'

TOWIE star Jess has written her first book, *Sparkling Stilettoes*

sister-in-law Michelle Keegan.

'Whenever I see Michelle, I'll give her a full update of my love life,' says Jess. 'We love a girlie night in! I love that she's both a friend and my family.'

'She's a friendly and really down-to-earth girl, so she fitted in with us all from the start.'

SHE FANCIES LOVE ISLAND

Despite reports that she's to leave *TOWIE*, Jess says she's not ready to go just yet.

'I'm not planning on leaving *TOWIE* anytime soon,' Jess says. 'I've been on it for five years so I just know that when the time comes, I'll find it really hard to put it behind me.'

'It'll be bittersweet when I say goodbye but, hopefully, it'll be because I'm moving on to other good things.'

Jess adds, 'I'd love to continue working in TV. I'm doing an acting course soon. It's mainly as a hobby but who knows what could happen?'

But while TV presenting and acting are at the top of Jess' career wish list, there's one reality TV show she'd love to appear on in future.

'After watching *Love Island*, I'd absolutely love to do it myself one day,' Jess says. 'It would be a pretty difficult thing to do, though. I'd be mortified if I got pied off!'

Katherine Parkes

***Sparkling Stilettoes* by Jess Wright (*Totally Bound*, £7.99) is out now**

Photos: KXXXXXX



'Disloyal' Lauren Pope with Dan Edgar

Reveal REAL LIFE SPECIAL

11 PAGES OF AMAZING STORIES

MY TWINS ARE STILL *inseparable*

Though Rose and Ruby were born
separated, now Angela Ferreira,
34, knows the bond between
them is as strong as ever



I'M THE REAL-LIFE *Cinderella*

When a local accountant lost his job, he left his wife and two children
in a state of financial ruin. But through her own hard work and a little
bit of magic, she managed to turn their lives around in just a few months



I LOST 10 STONE ON *Instagram!*

Barbara Grace, 26,
talked her way into
her dream job. But the
same hobby held the
key to her weight loss.



Sophia Adams, 21, was badly bullied at school, but she's had the last laugh after winning a modelling contract

KIDS CALLED ME 'MANBEAST'

now I'm a top model

'Standing here, posing in my bra and knickers, I feel completely confident. But I know there are a lot of women who wouldn't and, not long ago, I was definitely one of them.

After hitting puberty at the age of nine, my breasts had begun to develop overnight. "Here comes big jugs," one boy sniggered as I walked past.

"Watch out for the manbeast," another snorted. Tears stung my eyes and I wished I could just disappear.

Despite me willing them to stop growing, my breasts just got bigger and bigger. Kids called me "fatty", "tubby" or "whale", and I soon noticed they were leaving me out of their games.

By the time I was 13, I needed a DD cup bra and had resigned myself to the fact that I would never be like those skinny, petite girls that boys seemed to like. School was hard and, despite having some close girlfriends, I felt very alone and vulnerable.

I tried to diet a few times, but being bullied just made me want to eat more.

I'm half Greek, half Iranian, and I loved the traditional food my parents cooked at home. It was a healthy Mediterranean diet with lots of fresh fish, meat and salad. It wasn't unhealthy, and I didn't want to stop eating it.

Somehow, I got through school, and no one was more pleased than me when the time came to leave at 16. By this time, my boobs had grown to a massive 32GG and

I was 11st. I was still self-conscious, but friends and family told me I had a pretty face and I was beginning to enjoy attention from boys.

A couple of months later, I met a boy called Adrian Antoine, a council tax worker, and my confidence soared. He was funny and kind – and he loved my curves.

We started dating, and he often joked that he was my biggest

fan. "I hate those skinny girls," he'd say, when we saw a model on TV or in a magazine. "If you looked like that, I wouldn't be attracted to you. For me, a girl has to have great curves and a great face, and you have both."

His words gave me a newfound confidence in my body, and I applied for a job as a bra fitter, because I wanted to help other women feel as great as I did. I loved my job and made great friends with the girls I worked with.

Then, last January, my friend Kimberly told me about a plus-

sized modelling competition by underwear brand Curvy Kate. "If you win, you get a year's modelling contract," she said. "You should totally do it."

I loved the idea of being a model, but I'd decided on a career with the police, and I didn't want anything to distract me. Plus, at 5ft 6in tall and weighing 13st 7lb, with 32JJ boobs, I was worried I'd be too curvy.

However, Kim convinced me otherwise and I figured I had nothing to lose.

I was up against 1,000 applicants, so I wasn't at all confident but, by some miracle, I made the top 25.

Then, the winner was voted for by the public in an online poll.

And when the results were announced in April, I was stunned to learn that it was me.

Now, I've been signed by Bridge Models, and my days are full of photoshoots and other glamorous jobs.

I only wish I could see the bullies' faces when they open a magazine and see me smiling back at them.'

Stacey Byles and Tammy Hughes



Sophia confidently poses for the camera after years of getting teased for her curves

MY TWINS ARE STILL *inseparable*

Though Rosie and Ruby were born conjoined, mum Angela Formosa, 34, knows the bond between them is as strong as ever

One look at my little girls Ruby and Rosie and it's clear they couldn't be any closer, whether they're choosing what to wear, how to have their hair done or what game to play.

But once upon a time they were closer still.

Being told I was expecting twins was the most exciting moment of my life. Forget the extra feeds and the endless nappies, I just felt lucky to be having not one, but two, new babies to love.

My husband Daniel, then 36, and I already had a daughter, Lily, four, and I loved being a mum more than anything else. So when we went for my 16-week scan, I was bursting to discover the sex of our babies.

But as our consultant studied the screen, her face froze. Closing the door, she turned to us. "I'm so sorry," she said. "But your babies' bodies are joined together." I opened my mouth to speak, but the words wouldn't come. Siamese twins? I thought that kind of thing only happened in movies.

Daniel held me as I burst into tears. The consultant explained there was only a small chance our identical girls would survive until birth. He mentioned the possibility of a termination, but ending the pregnancy wasn't an option for us. Instead I shoved all the facts and figures to the back of my mind, and vowed to keep calm.

Back at our home in Kent, I sat down with Lily when she got home from school. "You're going to have two little sisters," I whispered, as her face broke into a huge smile. "But they will be a bit poorly, so Mummy

might have to stay with them in hospital for a while."

There was no way I could tell her that the babies might not even come home at all. It was too terrible to even think about and I knew the only way I could cope was by staying positive.

But at times it was impossible not to worry. In those first few days, I googled everything I could find on conjoined twins. And what I discovered made me freeze. Most died in the womb, and those that did survive didn't have a great prognosis either.

It was all too gloomy. So me and Daniel, a taxi driver, made a pact not to dwell on the negatives. We agreed to remain as optimistic as possible. And, amazingly, with each scan, our girls grew stronger, although the doctors warned us that they couldn't be quite sure where the babies were joined until they were born.

Somehow I made it to 34 weeks before my consultant insisted it was time for me to give birth by Caesarean section, and on 26 July 2012, our daughters Ruby and Rosie were born, weighing 5lb 4oz each.



Born conjoined, it took 15 doctors five hours to separate Rosie and Ruby



Three years on, Ruby, mum Angela, Lily, dad Daniel and Rosie are a happy family

Seeing my babies squirming and crying as the obstetrician held them up to me, was the most beautiful sight in the world. With their soft light hair and blue eyes, they were the image of Lily, and although I had yet to hold them, my maternal love kicked in straight away.

But there was no time for kisses or photos. The girls were joined at the abdomen and they needed emergency surgery to separate them as their shared intestines were blocked. They were transferred immediately to London's Great Ormond Street Hospital, where they were booked in for an operation the following day.

The next morning, still sore from my stitches, I discharged myself from University College Hospital, in London, so I could be there for my baby girls. We left Lily with a friend, but both sets of grandparents were at the hospital to support us.

As the twins were taken into surgery, the twist of fear in my chest was overwhelming. Nobody spoke much. Instead we just sat in silence watching the Olympic Games.

Time folded into itself, until finally, I saw the twins' surgeon coming towards us. With a smile he told us the operation had been a success and I collapsed straight into Daniel's arms with relief. "Thank you," I wept, as tears rolled uncontrollably down my face. It had taken 15 doctors five hours to separate the twins. But they were alive.

Fifteen minutes later, I met Ruby and Rosie properly for the first time.

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Sisters together:
Rosie, Lily and Ruby

Kissing their tiny, downy heads, I felt them nuzzle into me.

Still fragile, the twins were kept in hospital. Every few hours, I'd express some milk, and I spent my days holding their little hands and just whispering to them. Slowly the girls started to get bigger, and after four-and-a-half weeks, we were finally allowed to bring them home.

Those first few weeks with two newborn babies were hard, but although they had to have regular check-ups and we were told they would need more surgery, against all the odds, our babies were fine.

Now Rosie and Ruby are almost three, and they have the most amazing bond. After being joined in the womb, they hate to be apart. At night I will often find them curled up asleep together in the same bed.

Rosie is the leader, and Ruby is happy to follow, and although we do try to treat them as individuals, the two of them love being so alike, and they always insist on wearing matching clothes.

I can't quite put into words how proud I feel as I watch the girls doing ordinary things, like simply chasing each other around the garden.

Having twins can be hard work, but after everything we've been through, I'm happy to embrace every ounce of double trouble.'

Rebecca Martin & Lucy Benyon

Bonded by love: Ruby (left) is happy to follow twin Rosie

Join our new campaign



Friends WHO CARE

Friends Carina Andrews, 22, and Annie Cash, 24, have cared for their parents for years, and now they're helping others in the same position...

When Carina Andrews and Annie Cash first met, they had no idea how life-changing their friendship would be.

Not only have they supported each other through devastating diagnoses and the loss of a loved one, they have worked tirelessly to set up their very own support group for people just like them – young adult carers.

At just five years old, Carina was caring for her newborn baby sister, trying her best to cope with her newfound responsibility. It was 1998, and her mum, Jo, now 45, was suffering from severe postnatal depression.

Carina dealt with the housework, bath times and washing up – a situation that is shockingly common and which many young carers can relate to.

Only child Annie was just three years old when she began caring for her diabetic mum, Meryon. She struggled with her mobility and, after losing her sight, Annie was her full-time carer by the age of 10.

Both Carina and Annie missed tons of school, as their education took a side step to their caring roles.

The best friends first met three years ago when Carina decided to try and set up a support group specifically for carers aged between 18 and 25.

She was put in touch with Annie through Carers Trust in Bristol,

They have set up young carers' group Eighteenplus



and they hit it off straight away. 'It was like we had known each other our whole lives, we had so much in common and we could be completely ourselves,' says Annie.

'We had so much ambition to set up a new group for 18-25-year-olds for Bristol and South Gloucestershire. There was nothing for our age group in the area, and we knew there were other young people in our position who needed support. That's when Eighteenplus was born.'

As well as setting up the group, both Carina and Annie were still caring for their parents. Annie's mum, Meryon, spent most of 2014 in hospital receiving dialysis for the failing kidney transplant she underwent six years before.

Tragically, Meryon passed away aged 65 in December with Annie at her bedside. 'I had cared for my mum my whole life, and losing her left a huge void,' says Annie.

'We were best friends as well as mum and daughter, so it's been really difficult the past few months.'

'Luckily, my friendship with Carina has allowed me to see light at the end of the tunnel, and setting up our group has definitely helped keep me busy.'

Together, Annie and Carina have set



Carina has been responsible for her mum Jo since she was five



Annie cared for mum Meryon from the age of three



**Annie (left) and Carina
take pride in helping
those in need**

up a very successful young adult carers group that has over 50 members and counting. 'When I'm not caring for my mum and dad, Mike, 63, who has recently been diagnosed with Parkinson's disease, I'm busy coming up with new fundraising ideas for Eighteenplus,' says Carina.

Their group doesn't receive any Government funding. Through raffles, sponsored runs and a one-day festival, Carina and Annie manage to cover the costs of fun days out, so their group members have something to look forward to.

'We go to theme parks, bowling or out for ice cream. But, mostly, it's just being

long hours, it was up to me to ensure everything was in order – bills, food shopping, Enya's dinner, bath times. You name a household chore, I did it.

'I didn't mind, though. I tried to shelter my sister from it all, as I wanted to make sure she did well at school. She's the brainy one out of us both.

'When I was at school, I'd be thinking about Mum all day. Had she caused herself harm? Had she eaten anything today?

These were the types of things that left Carina with no choice but to miss huge chunks of school between the ages of 12

Both Carina and Annie struggle to imagine what life would be like without the other. Annie says, 'She's been my rock through the worst times in my life.

'People need to know about the daily struggles carers face, so more support and funding from the Government can be provided across the country.

'If anyone wants to join our support group, then please add us on Facebook – facebook.com/eighteenplus.carersgroup. You don't need to be from our local area to get involved. Carina and I understand what you're going through more than anyone.'

by Charlotte Jackson

'We knew there were other young people in our position'

around other people in the same situation that helps,' says Carina.

Unlike those in their support group, Carina and Annie had no friends who understood what it was like to be a young carer when they were growing up. Carina says, 'My mum's postnatal depression started after she had my sister, Enya, who is now 16.

'On bad days, she wouldn't even get out of bed, and with my dad working

and 14. But, despite her broken education, she still managed to pass her GCSEs and now works as a part-time family support worker.

Since the death of her mum, Annie has also been looking for a new career path and is hoping to enrol at a college within the next few months. 'I'd love to do a creative writing course. I write a lot of fiction – mostly fantasy and ghost stories!'

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I'M THE REAL-LIFE *Cinderella*

When a freak accident killed Sasha Cochrane's father, she was devastated. But things got even worse when the half-sisters she'd grown up with secretly squandered her share of the life insurance money

Having always been close to her father, 19-year-old Sasha Cochrane was distraught when in July 2011 her dad, Peter, fell from scaffolding at work and died.

But in the miserable few months following his death, her sisters became her support network, as Sasha grew even closer to her two elder half-sisters, Amanda, then 34, and Claire, then 30, as they helped console her two younger sisters, Annabelle, 15, and Jessica, 14.

But, shockingly, just six months after losing their father, Amanda and Claire secretly claimed every penny of Peter's £121,000 life insurance payout – and spent it.

'It's horrifying that they've done this to us, we've always been so close,' explains Sasha, now 23, from Warrington.

'When I was 11, I found out that my dad had been married before he met my mum, Luisa, and that I had two older half-sisters, Amanda and Claire, who lived nearby in Partington.

'Although there was a big age gap, we quickly formed a close bond. I used to go to theirs for sleepovers at the weekend, and once I was old enough, we all went on nights out together,' explains Sasha.

'When I was 15, my parents split up and Dad found a new partner. It was tough, but my big sisters always made sure I was OK and I loved them more than ever for

'They'd been secretly plotting to claim the money without telling us'

helping me through it.'

But, in July 2011, the family were hit by tragedy when Peter fell 30ft from scaffolding while working as a roof painter. He died of internal bleeding just three hours later.

'By the time we arrived at the hospital, Dad had already passed away,' Sasha recalls. 'I was devastated. My sisters and I spent more time together than ever as we planned the flowers for the funeral and what we'd say. I saw Amanda and Claire



Four-year-old Sasha with her dad Peter

almost every day, popping round to their house after work for a cuppa, and over the next few months they helped me cope with my grief.'

Despite not having left a will, Peter had taken out life insurance with Provident Life Insurance and had made Claire and Amanda the administrators.

Sasha explains, 'In September 2011, three months after Dad's death, we

received a letter from Provident via our solicitor stating that we would be entitled to a fifth of his insurance payout – £24,000 each – once it came through.

'We sat out in the garden at my mum's house and agreed who in the family we would give some money to, and that we'd split the rest five ways between us. I planned to put a deposit down on a house, because I felt Dad would have approved of that.'

But in February 2012, nearly a year after



Happier times: Sasha with her half-sisters Amanda and Claire

his death and still not having received the money, Sasha realised she hadn't heard from her half-sisters for two weeks.

'I contacted the life insurance company to ask about the payout and they said it had been paid to my elder sisters.

'I was horrified, and couldn't stop crying. There hadn't been any change in how my sisters had behaved recently, so I was convinced there'd just been some mistake. But when I called Claire to ask what was going on she hung up straight away, and when I couldn't get hold of Amanda, I knew it had to be true.

'I couldn't understand how we'd all cried together at our dad's funeral and grieved together in the months since – and all that time they'd been secretly plotting to claim the money without telling us.'

Sasha immediately got in touch with the police, but as her half-sisters were named as the administrators on the policy there was nothing they could do.

Later that month, she hired a solicitor to contact Amanda and Claire on her behalf, even though it cost £250 for each letter they sent.

But Sasha – who runs a printing business and lives with her partner Anthony, 32, and two-year-old son Myles –

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received another blow when they got a reply from her older sisters saying they couldn't afford to give their three

younger siblings their share as they 'only had a small amount of the monies left for distributing'.

'They offered to give the three of us £10,000 each,' Sasha says. 'But even after sending two more solicitor's letters, we've never received it. It's like they are the wicked half-sisters and I am the real-life Cinderella.'

'We want to take them to court, but I still need to repay more than £2,000 in legal fees I've racked up, and we've been told it'll cost between £5,000 and £15,000. I work full-time on minimum wage so need to save up first, but I'm determined they're not going to get away with this.'

Sasha admits that her family now is in tatters. 'I can't believe their greed was more important to them than our relationship. To lose your dad is tough, but then to lose your two sisters and have the stress of a legal battle is heartbreaking.'

'In the fairytale, the step sisters get their comeuppance and Cinderella comes out on top but it looks like I'm a long way from my happy ending.'

When asked to comment, Claire told us, 'If she wants to go naming and shaming me and my sister, she can. They [the younger sisters] wanted £25,000 each, but why should they have it bearing in mind they had everything all their lives off my dad when me and Amanda had nothing. We offered them £15,000 each and they refused it so what can we do?'

Amanda added, 'To be honest, they were getting nothing. They got what was coming to them.'

Deborah Fraser & Amy Sharpe

**She says
her half-sisters
took her
dad's payout
for themselves**



Sasha, mum Luisa and sisters Jessica and Annabelle were left with nothing

I LOST 10 STONE

Instag

Bethany Grace, 24, ballooned after spending her teens online. But the same hobby held the key to her weight loss...



'Scrolling through my Instagram page, I can hardly believe the transformation I've undergone. I'm happy with my weight now, but I have a confession: I used to be a secret eater. I'd spend all my time scoffing fatty snacks at my computer, and the only exercise I got was sneaking downstairs to the fridge.

I was a competitive dancer as a child, but I gave it up when I moved to secondary school so I could spend more time with friends.

When I got home from school, I'd sit and chat to my friends online until bedtime.

Snacking was my addiction, and one of my favourite treats was a microwaved block of cheese. I'd devour a whole packet in one greasy sitting and have to answer to my unimpressed mum, Julie, 45.

I also adored freshly-baked bread and could polish off two loaves with dinner.

Unsurprisingly, by the time I got to university, my weight

had soared to 19st. And, although I squeezed myself into stretchy size-18 leggings, the uniform I wore for my part-time warehouse job told the truth.

At 5ft 5in, I was a hulking size 24. Yet, I tried not to let my XXL frame get me down. I told myself that my colossal curves were part of who I was and that I was happy.

But, in all honesty, I never wanted to strut my stuff on the dance floor with my slimmer friends. I couldn't cope with the disapproving looks from strangers.

And, after a night out, I'd wake up to a stream of unflattering pictures on Facebook – I lived in fear of camera phones. But, still, I carried on with my habits.

Then one day, I bumped into the boy I'd secretly fancied for ages. "I feel a bit bigger," I said, running my hand over my belly. "Yeah, I'd noticed you'd put on more weight," he replied, nonchalantly. My cheeks burned red with shame. That night, I cried my heart out.

I spent the next week considering my options. I didn't want to slide back into bad habits and I didn't want to try the latest fad diet – I wanted to commit to the change. I decided my lifestyle needed a complete overhaul.

For a novel way to keep myself on track, I created an Instagram account and monitored my weight loss by posting selfies. Once all my friends started following me, I knew there was no going back. I couldn't fail – the shame wouldn't be worth it.

Stodgy bread, potatoes and, yes, melted cheese, were cut out of my diet and I took up exercise again.

As a student, I couldn't afford a gym membership, so I took advantage of the free bike hire in a nearby park, or followed an exercise class on YouTube. I'd alternate between cardio and yoga workouts. I was a big girl and I knew that if I didn't tone up, I'd have a serious problem with excess skin.

To my delight, the pounds started to fall away. Every



ON

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gram!

time I uploaded a new picture on Instagram, I felt more determined to stick to my plan. Each encouraging comment propelled me towards my target weight of 8st 8lb.

The support from my online friends was invaluable. I never felt self-conscious about posting pictures when I was big, because I didn't really realise how big I was.

The more I filled up on fresh vegetables and litres of water, the less I missed feasting on greasy treats. For the first time in my life, I actually felt full.

Every time I stepped on the scales, I felt a sense of relief as the needle gradually moved anti-clockwise.

Eleven months on, I was 8st 8lb and a slinky size 8. I've been very strict with myself, but the journey has been more than worth it. Of course, I missed my favourite foods, but I was so keen to stay on target, that the sacrifice was bearable.

Recently, I've joined a slimming club to learn how to enjoy a treat and still stay in control of my weight.

Now, I feel great. I'm not shy in front of the camera and I love sharing pictures of myself in cute outfits. I've always loved fashion, so it's great that I no longer panic at the thought of short skirts or spaghetti straps!

As for social media, I don't live in fear of timeline updates any more, and, although I now don't fancy the guy who inadvertently kick-started my diet, I am looking for love.

It took me a long time to come to terms with my weight loss and accept my new self, but I can say it now: I am slim and healthy.

Slumping behind a computer screen was what made me pile on the pounds, but it was going online that also helped me lose them.

Thanks to Instagram, I feel picture perfect!

**Laura Thomas and
Helen Nianias**



After

Reveal REAL LIFE SPECIAL

Meet the teenage millionaire who holidays in Magaluf, lives on a council estate and knows money doesn't buy happiness...

THE £1M LOTTO WINNER *aged 17*

Bubbly Jane Park didn't exactly have an easy start in life. Her mum, Linda, battled drugs and she spent much of her childhood going between relatives and a foster family.

For Jane, home was a notorious Edinburgh council estate called Niddrie, and her mum admits sometimes there was no money for a Christmas tree or presents.

But despite a troubled childhood, Linda says Jane has always been lucky.

After buying her first ever Euromillions lottery ticket on a whim last year, Jane, then 17, was stunned as she discovered she had won the £1 million jackpot!

However, becoming one of Britain's youngest ever lottery winners wasn't all she imagined it would be.

Jane, now 18, said, 'It was quite overwhelming at first. People kept recognising me and asking what I was going to do with the money. There were nasty comments on Twitter, too.'

'The hardest decision was working out what to give my family and friends. I didn't want to leave myself short and I didn't want them to think, "Is that it?"'

Most lottery winners choose not to reveal their identity, but Jane allowed the BBC to make a documentary, *Teenage Millionaire: The Year I Won The Lottery*, about her incredible rags to riches story.

The first thing she did was buy a Louis

Vuitton handbag and a Chihuahua called Princess, before going on a booze-fuelled holiday to Magaluf.

After breaking her arm and leg on her trip, she returned home and bought a three-bedroom house in Edinburgh.

But, after spending just a couple of months there, she moved back in with her mum and sister.

'It was hard work, stressful and just boring. I don't think I was ready for it. It gets really lonely,' she said.

'I couldn't make the bed, I couldn't cook or clean or pay bills, so I moved back home.'

Speaking about where she grew up, Jane said, 'It's not exactly Beverly Hills. People who are not from there think it's "urgh", but I think it's alright.'

Throughout her first year as a millionaire, Jane stayed true to her roots and instead of splashing out on luxurious holidays, took her mum to Benidorm for her birthday.

She then returned to Magaluf to work as a shot girl for five weeks, opting to share a

room with three other teenagers, despite being able to easily afford a five-star hotel.

Jane also had the £4,500 boob job she'd always wanted, sparking a wave of Twitter abuse after her documentary aired last week.

Having been labelled a 'tramp' and told 'you can't buy class', the teen said, 'I've had enough nasty comments to last me a lifetime.'

Winning £1 million so young may seem like a dream but Jane's nan, Anne, was concerned it'd send her granddaughter off

the rails. 'It's like giving someone a gun,' she said.

But, despite everything, Jane appears to have her feet firmly on the ground. Reflecting on her big win, she said, 'I saw a good

quote which said, "Money can't buy happiness, but it can buy you a jet ski and have you ever seen someone being sad on a jet ski?"

'But money can't buy you love. It can't buy you friends – true friends. It can't buy you a family.'

Tammy Hughes



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Brody with Bruce in 2013, and Caitlyn (right)



I'LL ALWAYS CALL Caitlyn 'DAD'

Following Caitlyn Jenner's transformation, her youngest son Brody says Bruce's transition has strengthened their relationship

In April, during a groundbreaking interview with US chat show host Diane Sawyer, Caitlyn Jenner laid bare the secrets she had kept from the world and her family for over 60 years, and waved goodbye to Bruce.

But while Caitlyn, 65, very publicly unveiled her gender transition with a jaw-droppingly gorgeous *Vanity Fair* cover shoot, behind closed doors her family were struggling to deal with the enormity of her transition and the loss of Bruce, the dad they knew and loved.

Now three months on, her youngest son Brody, 31, opens up about building a new relationship with his dad, who he once referred to as 'not a good father', and says, Caitlyn is now 'inspirational to be around.'

'I'll always call Caitlyn my dad. She is a lot happier and much more open and free. Bruce was covering a lot of secrets and you can always pick up on that with people,' explains Brody.

Brody is also keen to end speculation that the two still have a rocky relationship after fans noted his absence from Caitlyn's Father's Day snapshot on Twitter.

'I spent Father's Day with my girlfriend's dad because I was travelling but I spoke to Caitlyn. Father's Day is just the same as it's always been,' he tells us.

Caitlyn is now filming her E! series, *I Am Cait*, but after reportedly turning down

his chance to appear, Brody, who has starred in *The Hills* and *Keeping Up With The Kardashians*, is now keen to branch away from his reality TV show roots.

'KYLIE AND KENDALL DON'T NEED DATING ADVICE'

The half-brother to Kendall, 19, and 17-year-old Kylie Jenner (Brody's mum is actress Linda Thompson) is now starring in and producing his own talk show.

Sex With Brody is a four-part series on E!, which sees him tackle viewers' love dilemmas. It's something he's no stranger to with his Kardashian stepsisters' drama-filled personal lives, which he uses for inspiration.

'I've definitely drawn from their experiences and my own personal experiences,' he laughs.

'My girlfriend Kaitlynn [who he refers to as "Kaitlynn with a K" to avoid any confusion] thinks my sex advice is dreadful, though, so I don't think anyone should necessarily listen.'

Brody even hints that with Kourtney, Kim and Khloé's collective love dramas (Kim has been married three times after all), the Kardashian clan would be better placed to talk about sex and relationships



with half-sisters Kylie and Kendall than him.

'Do you seriously think Kendall and Kylie don't know what's up? They could teach me things! I mean, look at their older sisters – are you kidding me?'

Yet he adds that despite the distance, he keeps a protective eye over his little sisters.

'I'm as protective as I can be of Kendall and Kylie but they are very smart girls and will learn certain lessons on their own, which they are out doing,' he says.

'I don't want to be their tough older brother, I want to be their friend. They know I'm here for them whenever they need me but they shouldn't always take advice from their siblings.'

There is one valid lesson Brody could have passed on to his stepsister Kim – delete your sex tapes!

'I haven't seen Kim's sex tape, no way,' he says of the now infamous exposé which made the then 23-year-old Kim's name.

'I made one myself when I was 17, but you have to delete it immediately. When I recorded it, I thought it would be much more exciting than it actually was.'

'I BARELY SEE MY SISTERS'

Brody does, however, admit that he barely sees his sisters after recently cutting off his stepmother Kris Jenner completely.

'They're my stepsisters so we grew up in different households. Everyone is so busy and travelling around the world but I would like to see more of them,' he says.

In fact, the family have been so distant since their parents' divorce that Brody didn't know Kim and husband Kanye were expecting a baby boy.

'It's Kim having the boy, right? I'm very happy for Kim and Kanye. But I'm more excited for my brother Brandon and his wife Leah, who are expecting a daughter.'

Brody also says his experiences have taught him valuable lessons for when he becomes a dad – and he won't be encouraging his children to follow in his sisters' footsteps.

'If they really wanted to be in a reality show, I would support them. But I'd definitely encourage them to do something else!'

Lauren Hills

Watch *E!'s Sex With Brody*,
Sundays, at 11pm



Model Kaitlynn Carter
is Brody's girlfriend



Brody and the rest of his
Jenner/Kardashian clan

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**NICKY
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She's heir to the Hilton hotel dynasty, and worth a not-too-shabby £13 million herself. So it was a match made in heaven when Nicky Hilton, 31, walked down the aisle (in a £50,000 Valentino dress, no less) last week to marry the heir to a billion-pound banking fortune.

James Rothschild's English family's 200-year banking business is worth a staggering £225 billion (thought to be the richest family in the world – yes, the world!) and the 30-year-old has been dating hotel heiress and socialite Nicky since 2011, before popping the question last year.

Nicky's sister Paris wasn't wrong when she said, 'They're the ultimate couple. They're like a prince and princess.' (Um, they're officially richer than the royals, actually!)

Of course, the loaded couple said their vows in Kensington Palace in London, surrounded by their nearest and dearest – in both senses of the word. Still, they danced the night away in a white marquee to Lionel Richie just like the rest of us... except the crooner was there in person!



**Loaded Lionel Richie
fans: James and Nicky**



**ELLE
MACPHERSON
£1
BILLION**

**Reveal
says**

*'Pass on some dating
tips, ladies!'*

s' club*

It's a life of unadulterated luxury for these lucky ladies. We can think of worse clubs to be in than the BBC*...

She's known as The Body – but Elle Macpherson's other half, real estate magnate Jeffrey Soffer, may as well be known as The Money, if his finances are anything to go by.

The couple tied the knot in 2013 after years of on-off dating – which we're guessing didn't involve trips to Pizza Express and Orange Wednesday cinema dates.

Tycoon Jeffrey, 47, is head of an extensive Miami property empire worth a cool £1 billion. He owns private jets, Ferraris and helicopters aplenty – one of which he nearly died in last year after a freak accident.

And just like her fellow BBC* members, Elle, 51, seems to have a thing for billionaires (she has two kids with ex-hubby and hedge fund manager Arpad Busson – worth £1 billion). Since her early twenties she has dated or wed a string of entrepreneurs and financiers but has never found lasting happiness.

But like her fellow BBCs, she isn't short herself with a personal fortune of more than £80 million, built up through her modelling and successful lingerie and skincare empires.

The couple seem more loved-up than ever and were spotted aboard a yacht in Monte Carlo last week. Where else?

Fresh from dating billionaire James Packer, Aussie supermodel Miranda Kerr's now shackled up with new love interest and fellow billionaire (it's a good type to have!) Evan Spiegel.

The 25-year-old SnapChat CEO hit the big time in 2011 when his social networking app went stellar, making him the world's youngest billionaire, with an estimated fortune of £1 billion.

But he's met his match in former Victoria's Secret model

Miranda, who as the face of Swarovski and Magnum is one of the world's highest-paid models, as well as having 6.6 million followers on her social network of choice, Instagram.

Orlando Bloom's ex and mum-of-one Miranda, 32, was spotted with Evan for the first time last week, strolling hand-in-hand on a romantic date buying flowers at the farmers' market in their native Los Angeles with her billion-dollar beau.

It was reported they recently spent a week-long, no-expense spared vacation in Greece. On board a super yacht, not an all-inclusive hotel, we imagine.



**MIRANDA KERR
£1
BILLION**



**MARIAH CAREY
£3
BILLION**

It's only normal that pop's diva extraordinaire Mariah Carey would be hooking up with a billionaire, right?

And the songstress, 45, did just that when she was first spotted cavorting with Aussie casino mogul James Packer.

The Australian businessman, 47, was previously linked to fellow BBC member Miranda Kerr (we're sensing a theme here...) before he started dating MiMi.

The formidable pair were most recently spotted on board his £45 million super yacht (her twins with ex-hubby Nick Cannon in tow) moored off the swanky island of Formentera in the Balearic Islands, before setting sail on a European tour (they missed out the port of Bognor Regis, funnily enough...) aboard the impressive vessel which culminated in them being snapped holding hands in Capri, Italy.

It looks like love as soon-to-be-divorced Mariah, worth £144 million herself, is said to be talking marriage with James, Australia's fourth richest man, already. How the other half live, eh?

Emma Hunt



**SALMA HAYEK
£10
BILLION**

They've been married for six years now and Salma Hayek isn't shy of a few pounds herself. In fact, she's amassed a personal fortune of £54 million, making her the highest-paid actress in the world. But her French hubby François-Henri Pinault, 53, is worth a staggering £10 billion – leaving her standing in the piggy bank battle.

As head honcho of the company that owns designer labels Gucci, St Laurent, Stella McCartney and Alexander

McQueen, François also owns Christie's auction house, over 2,000 pieces of art by the likes of Picasso and a winery.

His second wife, Salma, 48, said, 'When I started going out with François, they said, "How did you of all people land this guy? You don't care about fashion." And I said, "You know what? That was probably refreshing."

The couple share two children together... and one massive walk-in wardrobe!



**SnapChat
billionaire Evan Spiegel**

Wonder WAVES

We're dreaming of sun, sand and... beach babe tresses! Here's how to steal the look without a seaside in sight

YOUR NEW SHOWER HEROES

Achieving a 'spent the day by the sea' texture begins at the washing stage. Swap your deep-conditioning products for (1) **TRESemmé Perfectly (un)Done Weightless Shampoo** and (2) **Conditioner**, £4.99 each. They're free from silicone – that usually forms a high-gloss coating around each strand – so locks feel fresh and soft, but look matte.

CHEAT SUN-DRIED STRANDS

No one knows more about cool girl waves than hipster hairdresser Lou Teasdale. As barnet-beautifier to Harry Styles (also known as 'the best job ever'), she has over two million Instagram followers and regularly shares snaps of her trademark tousled locks. Lou's 'surf chick' secret? 'Scrunch your hair while drying with a diffuser,' she reveals. 'Flip from hot to cold using a medium-speed setting to keep away frizz,' she adds. **THX Pump Up The Volume Diffuser Dryer**, £30 (Tesco), works brilliantly.

For extra waves, wrap large sections around a conical curling wand like **Vidal Sassoon Easy Wrap Wand**, £29.99.

MAKE THEM LOOK SALT-KISSED

A texturising product will transform your waves from 'glam girl' to 'ocean cool', but your perfect match depends on your hair type...

● Straight or slightly wavy

You can't go wrong with a traditional salt spray. **Redken Fashion Waves 07**, £16.30, gives a 'fresh-from-the-beach texture – just don't overload it to avoid any stickiness. Or try the budget-tastic (3) **TRESemmé Perfectly (un)Done Sea Salt Spray**, £5.50. Both work best on damp locks, although they can also be used dry to revive things later.

● Dry or damaged

(4) **Bumble and Bumble Surf Infusion Spray**, £21.50, is for you. The formula has the same grit-giving powers as the brand's award-winning Surf Spray but, thanks to

nourishing oils, it's a lot less drying.

● Curly or frizz-prone

Check out 'foams' – the new generation of hair mousses hitting shelves. These feel lighter and less 'crunchy', but deliver the kind of definition your hair type craves. **John Frieda Frizz Ease Dream Curls Air-Dry Waves Styling Foam**, £6.99, is great for taming unruly locks. If yours are curly but more manageable, go for (5) **TRESemmé Perfectly (un)Done Wave Creating Sea Foam**, £5.50, (yes, we can't get enough of this range!) instead.

● Fine or greasy

Just the thought of heavy products will make you want to run for the shower, so make a dry spray like (6) **Fudge Urban Texture Spray**, £5.99, your saviour. The aerosol formula helps absorb oil, especially at the roots, while pumping up thickness. We find it works best on dry – not damp – hair.

Words **Amber Ascroft** Photos **Camera Press**





Quick trick

In a rush? 'Fix your hair in a high ponytail and split into four sections. Curl each with a wand then unravel once cool,' says Andrew Jose, celebrity hairdresser and brand ambassador for Salon Science hair care (salonscience.com)

A Reveal promotion



Summer moisturising

A skincare routine is nothing without the finishing touch of a soothing, hydrating moisturiser. Here's why...

1 WATER IS DRYING

Overwashing your face can be drying, as it can remove the essential oils (sebum) your skin naturally produces. Therefore, you may need to replace it – even if your skin is naturally oily.

2 PROTECTION

A good day cream locks moisture into your skin, leaving a protective barrier to prevent water from evaporating. Try Freederm Perfecting Moisturiser; it hydrates the areas of your face that need it the most while combating blemishes. Like a suit of armour for your face – well, sort of.

3 DRY SKIN = WRINKLES

Wrinkly skin might not worry you yet... but it will. So combat dryness now and your skin will thank you later.



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Amber's picks *Fibre mascaras*

Promising dramatic lashes without the fuss of falsies, this new generation of mascaras sounds like a dream. But do they really work?

HOW DO YOU USE THEM?

Simply apply your mascara (some kits come with a special one), follow with the brush-on hair-like 'extensions' then seal with another coat of mascara. They can be taken off with any oily make-up remover. Just avoid if you wear contact lenses.

SANTHILEA MAGNETIC LASH, £24.99, CULTBEAUTY.CO.UK

Created by a Korean woman who hated her super-short lashes, beauty gurus have labelled this 'a miracle'. My tester was impressed, too, although it takes some work. 'One layer looks pretty but for a super-full effect, you've got to pile it on. There's definitely a knack to it,' she explains.



GOOD FOR PROS

BOURJOIS LASH MACHINE VOLUME BOOSTING FIBRES, £8.99, FEELUNIQUE.COM

Now this is what you call bang for your buck! My reviewer was totally wowed. 'This boosted both length and volume and the white fibres didn't fall at all. I love that you can use your normal mascara with it, too,' she reveals.



BEST BUY



Can fibre mascaras give you Kendall Jenner-esque lashes?

KENDALL JENNER

ARGAN FIBRE LASH MASCARA, £29.95, SILKOILOFMOROCCO.CO.UK

This is a good all-rounder. 'It made my lashes look fab and didn't really flake,' says my tester. But the speedy removal is its biggest plus point. Thanks to a special argan oil-filled gel formula, it can be taken off with warm water alone. Great for sensitive peepers.

EASY TO REMOVE



TOO FACED BETTER THAN FALSE LASHES EXTREME, £28, DEBENHAMS

This is super pricey but when it comes to lasting power, it's a good'un. 'It didn't smudge when I had a little cry. I was sceptical but I noticed a big difference in thickness and length,' my tester explains. Again, the fibres are white so there's no problem with falling flakes.

LONG LASTING



FAB FOR THICKNESS



EYeko BLACK MAGIC LASH BOOST, £25

This one takes some patience! 'I found it quite fiddly - the dark fibres scattered over my cheeks and a few dropped throughout the day,' my reviewer explains. But for thickness? 'It was unbelievable. My lashes looked seriously full but not "fake,"' she comments. A good pick for nights out.

- ▶ Bandeau top, £6, boohoo.com
- ▶ Trousers, £15, boohoo.com
- ▶ Bracelets, £8, Topshop
- ▶ Hand chain, £7.50, Miss Selfridge
- ▶ Necklace, £50, qvcuk.com

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Marks & Spencer
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Miss Selfridge



▶ Top, £12.50,
 Marks & Spencer
 ▶ Shorts, £25,
 Jane Norman
 ▶ Bracelets, £7.50,
 Miss Selfridge



▶ Crochet dress, £25, boohoo.com
 ▶ Gladiator sandals, £29.99, publicdesire.co.uk
 ▶ Bracelets, £8.50, Topshop
 ▶ Ring, £6, Topshop

Reveal *style*

- ▶ Crochet maxi dress, £69, Mantaray at Debenhams
- ▶ Necklace, £12, Daisy and Eve at Evans
- ▶ Bracelet, £7.50, Miss Selfridge

Reveal style

» Bikini, £16, boohoo.com

» Crochet dress, £18, boohoo.com



» Long sleeve dress, £79, Miss Selfridge

» Necklace, £15, Topshop

» Gold gladiator sandals, £60, Schuh

» Bikini bottoms, £16 (part of set), boohoo.com

Photographer **Romi Stern** at Supernova Creative management, assisted by **Paulo Vieira** Fashion **Wendy Rigg** assisted by **Harriet Davey**
Hair products used: **TRESemmé Perfectly (un)Done Shampoo & Conditioner** RRP: £4.99 each and **TRESemmé Perfectly (un)Done Sea Salt Spray** RRP: £5.50



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Dr Phil

TV's Dr Phil Hammond answers your questions and gives it to you straight on the big health issues

DETECT AND PROTECT

THE sex QUESTION

Can condoms detect infections?

Bethany, Selkirk

They're working on it. A smart condom is being developed by three teenagers from Essex. It would change colour in the presence of a sexually-transmitted infection. It's not yet clear if it could tell who has the infection but in any case both of you could go to your nearest clinic for a check-up. Whether you continue having sex hoping the flashing condom will prevent any passing on of the infection is up to you. Life is full of difficult choices.



Trust me – I'M A DOCTOR

I was recently asked for ID and turned away from a sunbed. Is that legal?

Annabel, Havant

Yes. If you're under 18, it is illegal for you to use sunbeds or tanning salons. This could be at a leisure centre, gym, hotel or beauty salon. You're not even supposed to be in an area reserved for sunbed users. This is because it increases your risk of skin cancer, including the very unpleasant melanoma. If you are legally allowed to use a sunbed, the operator should advise you on your skin type and how many minutes you can safely use the machine for.

SEASONS IN THE SHEETS

Why do I wake up feeling more rested in the summer than the winter?

Fiona, King's Lynn

It's probably down to daylight. In the summer, nature has a cute way of waking you up. The blue light from dawn onwards creeps in through the curtains, and as it hits the back of your eye it leads to the release of the hormone cortisol, which wakes you up. In the winter, you don't have this daylight and so many people wake up feeling tired. Having a blue light by the side of your bed can wake you up in the morning. But looking at a blue light, such as a computer or iPad screen, before bed can keep you awake. Try the Sleepio (sleepio.com) sleep test online.

DR PHIL SAYS: 'Be the person who plays with the dog at a party.'

RIGHT SHADES

How can I choose sunglasses that give me protection against UV light?

Rochelle, Cheam

Some sunglasses look really cool and dark but give you virtually no protection against UV light. It's worth paying a bit more for those with a CE or British standard mark (BS EN 1836: 2005). Good sunglasses could also have a UV 400 label or a label saying that they give 100 per cent UV protection. However, that does not give you protection to go staring at the sun. You should never look straight into it no matter how good your sunglasses are.

PREGNANT PRECAUTION

I'm pregnant and have been told not to kiss my kids to prevent CMV infection. Is that so?

Jane, Loughborough

Cytomegalovirus or CMV is a common virus that is spread through bodily fluid such as saliva and urine, and can also be passed on through close contact with children such as when changing nappies. If you're pregnant and have active CMV infection, the virus can pass to your baby and sometimes cause problems such as hearing loss and learning difficulties. To reduce this risk you should regularly wash your hands with soap and water. Hug your kids and kiss them on the head but it's better to avoid the face, and don't share cups, knives and forks.

HAVE YOU GOT A QUESTION FOR DR PHIL? EMAIL HIM AT dr.phil@revealmagazine.co.uk

FOR DR PHIL'S TOUR DATES AND NEW BOOK, STAYING ALIVE, GO TO drphilhammond.com Dr Phil regrets that he cannot reply to emails personally



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Burger for one!

Craving comfort food? Then whip up this tasty meal! It's perfect if you're dining solo...

It might be tempting to stick to a ready meal when you're eating alone. However, it's not always the most exciting option. Thanks to a fabulous new book, *Too Good To Share*, by Sam Stern, the days of bland dinners are over! Our favourite recipe is this delicious burger that's well worth the little extra effort it requires putting together. Sam says, 'Beef mince is cheap, so go for the best you can find – 20 per cent fat content will have superior flavour. This burger is inspired by one of my favourite varieties of dim sum, ginger beef balls, and the accompanying slaw adds a real zesty punch.' So, if you fancy a mouth-watering meal, why not give this a go...

GINGER BEEF BURGER WITH ASIAN SLAW

INGREDIENTS

1 tbsp mayo
Small handful of fresh coriander, finely chopped
Olive oil, for frying
1 burger bun
1-2 leaves of iceberg lettuce
1 wedge of lime (optional)
¼ white cabbage, root removed
1 carrot, peeled
¾ tbsp lime juice
1 tsp Chinese rice vinegar
1 tsp light soy sauce
2 tsp grated fresh ginger
2 tsp sugar
2 heaped tbsp mayo

BURGER

200g beef mince
2 tsp grated fresh ginger
25g grated apple
25g breadcrumbs,
plus more if needed

Inspired by ginger beef balls dim sum, this burger is packed with healthy ingredients

Small handful of fresh coriander, finely chopped
Grated zest of ½ lemon
Sea salt and freshly ground black pepper

➔ Preheat the oven to 180°C/350°F.
➔ For the slaw, cut the cabbage and carrot into very thin strips, using a food processor and shredding attachment, or manually, with a knife or grater. Mix together the lime juice, vinegar, soy sauce, ginger and sugar in one bowl. Put the mayo in a separate bowl and make sure to stir the lime mixture in gradually to prevent the mayo separating. Combine at least 2 tablespoons

with the shredded cabbage and carrot, adding more if you wish.

➔ Combine the ingredients for the burger, season with salt and pepper, and shape into a patty. If it seems a little too wet, add some more breadcrumbs. Refrigerate the patty for 5 minutes. Meanwhile, mix together the mayo and coriander for the filling.

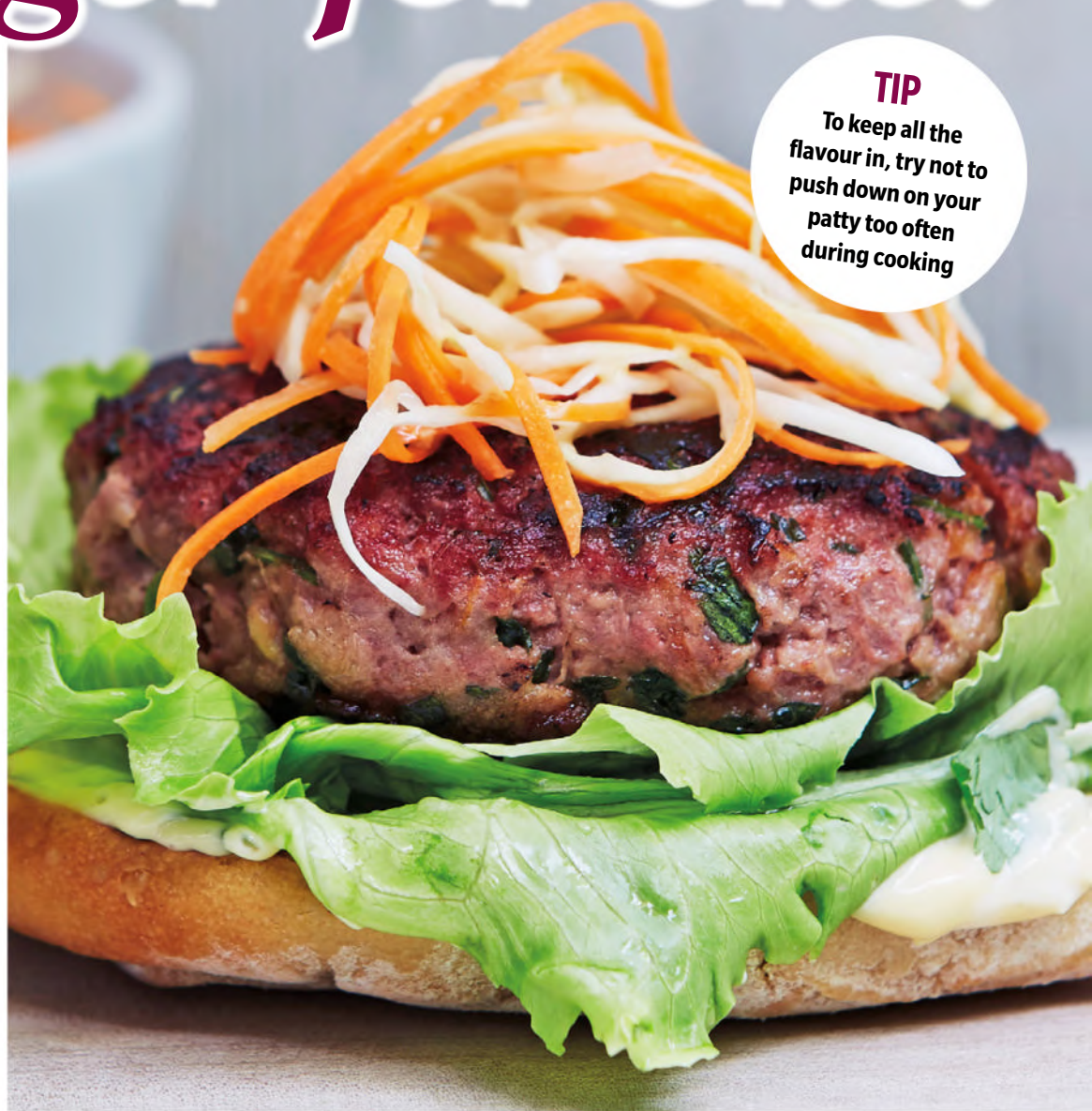
➔ Add a little oil to an ovenproof frying pan on a medium heat. Add the patty and cook for a minute or so on each side, until golden brown. Transfer to the oven and cook

for a further 5-7 minutes, depending on how well done you like it. In the meantime, halve your burger bun and, if you like, toast it. Spread coriander mayo over one half and add the lettuce. Once the burger has cooked, allow it to rest for a few minutes and then place it on the lettuce. Serve with the slaw and a wedge of lime, if desired.



Extracted from *Too Good To Share* by Sam Stern (Quadrille, £20)

TIP
To keep all the flavour in, try not to push down on your patty too often during cooking



7days

REVEAL'S CARENA
CRAWFORD PICKS THIS
WEEK'S TV HIGHLIGHTS

STEWARTS & HAMILTONS

Get ready to meet the Stewarts and Hamiltons, as we get the low-down on the lives, loves and laughs of this blended family of Hollywood royalty. The brand new series centres around former model and ex-wife of rocker Rod Stewart, Alana Stewart, and their daughter Kimberly, alongside another of Alana's ex-hubbies, George Hamilton, who, unusually, is now one of her best friends! We'll climb into the complicated family tree and meet Rod and Alana's other child, Sean Stewart, George and Alana's reformed bad boy son Ashley Hamilton, and his 15-year-old half-brother George Jr., who, unlike his brother, is focused and ambitious.

ET, TUESDAY 28 JULY, 9PM



WANT TO BE ON TV?

Are you living with a distressing medical condition? Does it make you feel self-conscious? Is it making you unhappy? A new TV health show is looking to help new patients. Please email healthshow@littlegem.tv.



Myleene Klass hosts as *Man vs Food* star Adam Richman and chef and restaurateur Mark Blatchford search for a champion British barbecuer. Eight contenders are firing up the barbie and setting out to create culinary masterpieces, as well as reinventing the classics. This is the UK, so as well as catering for the masses and impressing Adam and Mark, the hopefuls will have to contend with the unpredictable weather, too! One will be sent home every week, and the winner will receive a cash prize of £25,000. But, it's really the glory of being the best BBQ chef in the country that they're all after.

ITV, FRIDAY 31 JULY, 9PM

DON'T MISS

David Walliams and Jessica Raine play married couple Tommy and Tuppence in a new drama series, *Agatha Christie's Partners In Crime*, on BBC One. Set in 1950s Britain, our duo stumble into a world of murder, undercover agents and conspiracy on Sunday 26 July, 9pm.

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PARKS AND RECREATION

The hit sitcom comes to Dave for its fourth series. Leslie Knope (Amy Poehler) is a mid-level bureaucrat in the Parks and Recreation department of Pawnee, Indiana, but does she have the political savvy to run for higher office? And will her forbidden romance get in the way of her ambitions? She must also help sort out colleague Ron and his returning ex-wife, who's trying to control his every move. Chris Pratt and Rob Lowe are also part of the brilliant cast.

DAVE, MONDAY 27 JULY, 8PM



THIS WEEK'S SOAP HIGHLIGHTS

EastEnders



PAM FINDS OUT

The Cokers are having a party for the funeral parlour's centenary, but things get off to a bad start when Paul tells Les that Claudette cannot come. The family start to celebrate, but Paul is angry when Claudette turns up anyway. Pam notices her grandson's odd behaviour and eventually gets Paul to admit he thinks Les and Claudette are having an affair. What will Pam do?

EASTENDERS, BBC ONE, MON & FRI, 8PM, TUE & THU, 7.30PM

BETHANY TRIES IT ON WITH CALLUM

Bethany gets dressed up to the nines and tells Lloyd to drop her at the Dog and Gun. An amused Callum buys her drinks, and, desperate to impress him, Beth offers to help with his next delivery and he chucks her a small package of drugs. But, when the police raid the pub, is Bethany in too deep? Later, she tries to kiss Callum, but how will he respond?

Coronation Street



CORONATION STREET, ITV, MON & FRI, 7.30PM & 8.30PM, WED, 7.30PM

Emmerdale



ROSS' SECRET IS OUT

With Charity piling the pressure on Ross to break up Moira and Cain, Ross' luck is in when Chrissie enlists his help to get the photos of her kissing Cain back from Robert. He leaves the pictures for Moira to find, but panics Cain will find out what he did, so he wants to leave with Debbie ASAP. But will Cain reveal the truth before they escape?

EMMERDALE, ITV, MON-WED, 7PM, THU, 7PM & 8PM, FRI, 7PM

CINDY'S OUT OF CONTROL

Hollyoaks

Cindy's spending excessively again and buys a wedding dress. She then heads to see Jason, who she thinks has invited her to the Roscoes' for sex, but finds Robbie in his bed instead. The next day, she tries it on with Jason again, and arrives at the police station wearing the wedding dress. It's all too much for Jason, who makes a big decision.



HOLLYOAKS, CHANNEL 4, MON-FRI, 6.30PM



FLOCKSTARS

The latest in celebrity entertainment sees eight stars don the tweed to master the most impressive of countryside sports. Gabby Logan hosts as DJ Tony Blackburn, former Eternal singer Kéllé Bryan, dancer Brendan Cole, rapper Fazer, actress Lesley Joseph, presenter Amanda Lamb, ex-Corrie star Wendi Peters and Paralympic gold medallist Lee Pearson try to guide flocks of sheep and geese around the competition courses. They'll be trained by professional shepherd mentors, but can the famous faces fully embrace this new way of life?

ITV, THURSDAY 30 JULY, 8.30PM



BUZZ-O-METER

What's hot in the Reveal office this week

MY MAD FAT BOX SET

Still mourning the end of *My Mad Fat Diary*? Us, too! Our Monday nights won't be as much fun without Rae (played by Sharon Rooney) and the gang, but fear not – the complete box set is out on DVD next week.

Relive the hit E4 drama, including Rae's hilarious showdowns with her mum and her infatuation with heartthrob Finn (Nico Mirallegro).

My Mad Fat Diary:

Series 1-3 is released

Monday 27 July,

amazon.co.uk, £22.99



TOTALLY BUGGIN'

It's been 20 years since *Clueless* hit the big screen (yes, you are that old!) and, in celebration of the cult classic, a new book tells us all the behind-the-scenes gossip. The must-have guide includes interviews with the cast and crew, plus an exclusive look at the film's iconic fashion. Yellow tartan suits, berets

and Calvin Klein 'dress jackets'? Whatever! **As If! The Oral History of *Clueless* as told by Amy Heckerling, the cast, and the crew by Jen Chaney is out now, amazon.co.uk, £10.68**



CYCLE CRAZE



Celebs aren't the only ones hooked on the cycle trend – everybody's getting in on the action! *Hollywood Cycle* shows the explosive drama that takes place among the spinning instructors of an A-list gym in LA. After watching the

first episode, we're officially hooked! Prepare yourselves for blood, sweat and tears. Oh, and did we forget to mention the hot guys? ***Hollywood Cycle* is on E!, Sundays at 7pm**

WHERE TO BUY

ASOS asos.com

Boohoo boohoo.com

Debenhams debenhams.com

Dorothy Perkins dorothyperkins.com

Evans evans.co.uk

Forever 21 forever21.com/UK

George at Asda

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Jane Norman janenorman.co.uk

Littlewoods littlewoods.com

Lydia Rose Bright

lydiarosebright.com

Marks & Spencer

marksandspencer.com

New Look newlook.com

Missguided missguided.co.uk

Miss Selfridge missselfridge.co.uk

Primark primark.com

Public Desire publicdesire.co.uk

Quiz quizclothing.co.uk

OVC qvcuk.com

River Island riverisland.com

Schuh schuh.co.uk

Topshop topshop.com

Zara zara.com/uk

GOOD ENOUGH TO EAT

Ice lollies aren't just for eating, they're for wearing, too! That's right, this summer is all about mixing food and fashion. We're obsessed with these quirky nail art stickers from Lottie & Wall's, exclusive to ASOS (£10). And if you're feeling *really* daring, check out these cute Wall's Twister-inspired heels (asos.com, £50).

Olivia-Anne Cleary



Instagram@asos

Instagram@asos



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FAVE... ANIMAL?

That's too hard as we've so many at home, but I adore my horses. Horse riding is my favourite hobby.

MOVIE STAR?

I think Leonardo DiCaprio is great, I really love the films he's in.

POSSESSION?

My children!

MEMORY?

There are too many good memories, I don't have a particular one. I'd have to say every time a child is born.

SONG?

I like *Wifey* by Next, it's an old one.

TV SHOW?

I watched *Ordinary Lies* recently, I don't know anyone who didn't watch that. I loved *The C Word* with Sheridan Smith, too.

GUILTY PLEASURE?

I haven't really got one to be honest. I'm not really into chocolate, I'm more into savoury snacks such as crisps and Pringles. I love their new tortilla range.

FRAGRANCE?

I like Stunning, my fragrance. Ha, ha, no, I'm joking. It depends really, I like all different ones. I prefer strong fragrances, I'm not into floral or woody scents, I prefer musky.

PICTURE OF YOURSELF?

It was the cover of my perfume, Stunning. I was pregnant with Junior and I was really blonde. I loved my hair then. I want to be blonder again, but I don't want to ruin the condition by changing the colour too much.



HOLIDAY DESTINATION?

The Maldives. There are no people, it's relaxed and I can just walk around naked! I can sunbathe, not be bothered and relax. Sunshine, heat and pampering!

FILM?

There's one I watched on holiday recently called *The Tapes*. It's based on a true story about a group of Essex kids. They found the bodies of two of them. It's a horror.

Katie took part in the Guinness World Record attempt to celebrate the launch of Pringles new Tortilla Chip variety

Love it!

Katie Price, 37, is a fan of Leo DiCaprio, loves horror movies and enjoys walking around naked on holiday!

OUTFIT?

A pair of ripped jeans, a T-shirt and espadrilles or kitten heels. Quite casual.





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